

# Mainland Matters – February 2018



## MESSAGE FROM THE CEO

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Welcome back everyone, hope you've all had a chance to re-charge the batteries over the Christmas/New Year break!

The NNZ AGM was held recently in Wellington, where a number of volunteers from the Mainland Zone received service awards. Congratulations and a huge thanks for all your time and effort for our sport; Bridget Gane and Shirley Hocguard (Marlborough NC), Karen Naylor (South Canterbury NC) and Glennys Burney (Christchurch NC).



NNZ announced the following financials for 2017 financial year:

- Operating Revenue 17.6 mill
- Operating Expenses 17.9 mill
- Operating Deficit \$337,000 – covered by reserves (\$341,000 deficit in 2016)
- Break even Budget for 2018

The 2018 season has started with two 'funtastic' Mother Earth FutureFerns Festival Days held at the North Canterbury and South Canterbury Netball Centres. Lots of young ones came along to pick up new skills, have some fun and rub shoulders with our Silvermoon Tactix players.

We are looking forward to another exciting season of ANZP Netball, the Silvermoon Tactix starting with a pre-season warm-up in Dunedin against the Silver Ferns (8<sup>th</sup> and 9<sup>th</sup> March), followed by official pre-season games in Otaki against other franchise teams in late April. The season starts for us 'on the road' for the first three weeks starting the 6<sup>th</sup> May against the Northern Stars, then Northern Mystics (9<sup>th</sup> May) and then Central Pulse (14<sup>th</sup> May) before coming home to play the Northern Stars on 23<sup>rd</sup> May.

The Hellers Mainland BNL team starts their campaign against the 2017 Beko Netball League winners Central on 13<sup>th</sup> May in Porirua.



Season membership packages, corporate hospitality offerings and tickets are all on sale now through Ticketek. Please get your tickets and encourage your friends and family to get along, support your teams the Silvermoon Tactix and Hellers Mainland ... great Netball action coming your way in 2018!

We have welcomed back Amy Eckersley from parental leave in the new role of ACC NetballSmart Development Officer and farewell later this month Community Netball Manager, Tammy Mehrrens, who has taken up a role with NNZ as National Training Manager. We will shortly advertise the Zone CNM role.

A reminder that our AGM will be on Saturday 17<sup>th</sup> March at 2.00 p.m. at the Apollo Projects Centre, 295b Ilam Road, Christchurch. All are welcome to attend.

Our best wishes and 'play well' go out to the Silver Ferns as they prepare for the Commonwealth Games on the Gold Coast from 4<sup>th</sup> to 14<sup>th</sup> April. A limited number of packages to see them in action are available through House of Travel, Victoria Street, Christchurch.

All the very best to you all for the Netball season ahead and see you all courtside!

**Kind regards, Brigit**



## COMMUNITY

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It has been a busy start to the year for the Community Team here at Netball Mainland. We have loved getting out and about visiting centres during their AGMs, Festival days and planning meetings as well as seeing many Mainland faces at the NNZ Council Meeting.

We have also been busy planning to see how we can enhance what we offer at Netball Mainland. There are some exciting initiatives coming up this year as we look to pilot some new ideas, many of which have come from learnings from the Voice of the Participant. Throughout these pilots we are looking to work in collaboration and partnership with others within the community. Some of these initiatives include:

- Walking Netball in collaboration with Sport Canterbury's Green Prescription team
- Beach Netball in collaboration with Secondary School Sport Canterbury, Elmwood club and Christchurch Netball Centre
- Secondary School engagement around player and athlete development in collaboration with South Canterbury Netball Centre, Sport Canterbury and Sport New Zealand
- A pathway for young male players in collaboration with Canterbury Mens Netball
- The re-establishment of the Youth Advisory Group in partnership with Forward Foundation
- Volunteer recognition
- Parent Education in collaboration with Canterbury Rugby Football Union.



*Representing Mainland with pride at the NNZ Council Meeting*



*South Canterbury hosting key Netball leaders from their secondary schools to plan for quality athlete development*

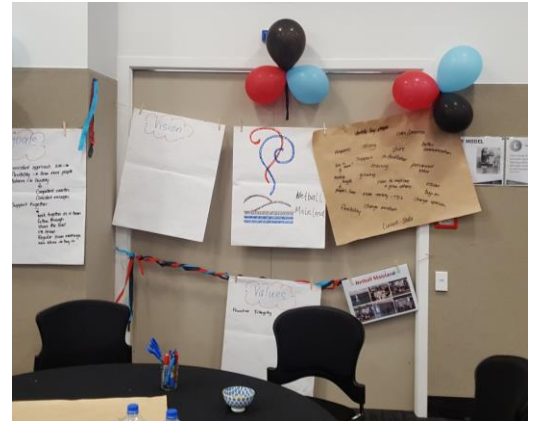
## Coach Development

It was an exciting opportunity for some of our Netball Mainland coach developers to attend the NNZ Coach Developer Forum in early February 2018.

This year's focus was around sharpening our facilitation toolkit, experiencing a taste of what a holistic coaching approach could look like from a netball sense and professional development with key guest speakers. Our Netball Mainland coach developers enjoyed the time to connect, collaborate and rejuvenate coach development ideas for 2018 and we thank Netball New Zealand for this development opportunity.

We look forward to bringing these ideas to life at our Netball Mainland Coach Developer Forum on the 23<sup>rd</sup> and 24 of March.

We are also thrilled to see lots of modules starting to be planned for the 2018 season across centres. Don't forget to check out the online calendar on our website for dates and locations!



## NetballSmart

NetballSmart Dynamic Warm-Ups:

Did you know that Netball is considered a high-risk sport for anterior cruciate ligament (ACL) injuries in the knee? This is a concerning common & devastating netball injury that will put an athlete out for at least a year. Ankle sprains top the list as the most common injury in Netball. When it is done 2-3 times a week, the NetballSmart Dynamic Warm-Up helps to prevent both of these injuries by 40%!

The NetballSmart Dynamic Warm-Up also helps to create physically capable competent movers. It is specific to Netball including; strengthening, running, dynamic preparation and Netball specific preparation. To find out more see <http://www.netballnz.co.nz/useful-info/netball-smart> and to learn about NetballSmart workshops, request a school visit or request resources contact Amy [amy.eckersley@netballmainland.co.nz](mailto:amy.eckersley@netballmainland.co.nz)



## Junior Netball

### Netball Mainland Holiday Programmes

Our new Interns have been busy this summer running school holiday programmes throughout Mainland. The covered three of our Centres in February/March, including Temuka, Waimate, and Malvern. Great to see the kids starting to get back into netball, and seeing some of our wonderful Silvermoon Tactix players out in the community.

In April our Interns will be back out on the road visiting Hokitika, West Coast, Kaikoura and Geraldine. More Centres to come in July as well.



## Mother Earth futureFERNS Festival Days

A massive thanks to North Canterbury Netball Centre and Netball South Canterbury for hosting this year's Mother Earth futureFERNs Festival Days. We were lucky enough to hold two of these events this year and reached more than 165 young players. Again, it was wonderful to see our Silvermoon Tactix players out in these communities and giving these kids an awesome opportunity to learn from the best.



Thanks to Mother Earth who have come on board as the main sponsor for our national junior programme, futureFERNs. Basil McNuts looked great out on the courts.



## A NOTE FROM THE COACH

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The girls are all in and we are training hard. The new additions of Kimi Poi, Kate Beveridge and Jane Watson have fitted in well and we are starting to build a strong team culture.

Some of the activities that we have done for the girls to get to know one and other and the community have been a scavenger hunt around Christchurch where they had to get photos of the team at different landmarks around our beautiful city.



Another activity was doing some Wakaama in Lyttleton harbour followed by a walk up the Bridle path. The concept of working together in the boats resonated with everyone- the fact that you go faster if you work in unison. We had some learning as well as some little races and we tipped the boats at the end.

We also went up Bridle path which was really significant- we acknowledged those that have come before us- all those years ago boats arrived in Lyttleton and they families walked up the Bridle path. The girls had done some research on what had happened in various time and dates within the Mainland Zone.

At the top a shelter which was dedicated to the pioneer women of Canterbury we shared our "Whys"- that is why they choose to play for the Silvermoon Tactix. This was followed up with a lunch where all the local families/support crew came in.

We were also lucky enough to have former Canterbury Rugby captain Don Hayes come in and talk about the pride he had in representing the region. It was a very emotional and powerful speech and there were some fantastic messages. Don was the captain in the era of the 1980s when Canterbury were shield holders and "Give it a boot Robby" was on the radio.



On court we are building up our repertoire of skills as well as becoming a fit and powerful unit. We are off this week to play some games against the Silver Ferns so it will be fantastic to see where we are at.



## PERFORMANCE

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Experienced netball head Gemma Hazeldine has been named in a new-look Hellers Mainland Beko Squad which features a number of fresh faces.

The former Silver Ferns triallist last played top-level netball in 2016 when she was a member of the Mainland Tactix side in the ANZ Championship before taking time away from the game to start a family.

Hazeldine has predominantly played in the shooting circle but has also been found in the centre role for her Technical club side.

Her inclusion into the 16-strong squad adds to an already experienced line featuring last year's Mainland Player of the Year, Sophia Fenwick, who is back for her third season in the side, alongside mid-courter Tiana Placid, defender Lily Marshall and shooter Bella James who were all part of the side which finished runner-up in 2017. Former Tactix mid-courter Nicola Mackle has also been named in the squad pending an exemption from Netball New Zealand.

New coach Ronelle van Dongen said she was pleased with the standard at trials and with the number of new players pushing hard for places in the team.

"It was exciting to see the skills, intensity and determination the athletes demonstrated this weekend," she said. "It allowed us to view the players' ability to perform under pressure and show their versatility and individual attributes."

Former New Zealand Secondary Schools shooter Grace Namana has made the move from Rotorua to join Mainland.

Namana, who has been part of the New Zealand high performance programme, was guided by Silvermoon Tactix coach Marianne Delaney-Hoshek at school level and was encouraged to shift south following the success of shooter Ellie Bird, who made a seamless transition into the ANZ Premiership last year.

Former Marlborough Girls' College netballer Malia Manoa is another newcomer to the side and becomes the first player from Mainland's "Baby Beko" squad to take the step up to the Beko Netball League.

Baby Beko was established in 2017 to allow talented school players the opportunity to receive extra support, to not only develop their on-court performance but a well-rounded sport/school balance.



Hellers Mainland Beko team open their campaign with a repeat of last year's Grand Final when they meet the defending champion Central side on May 13 in Porirua.

The Beko Netball League was introduced in 2016 with the aim of developing talent in New Zealand. This year's final will be played on July 29.

### **Hellers Mainland Beko 2018 Squad:**

- ✚ Sophia Fenwick
- ✚ Gemma Hazeldine
- ✚ Tiana Placid
- ✚ Nicola Mackle (subject to NNZ exemption)
- ✚ Bella James
- ✚ Grace Namana
- ✚ Jessica Prosser
- ✚ Malia Manoa
- ✚ Laura Dorgan
- ✚ Tyler Rollo
- ✚ Gabby Thomas
- ✚ Lily Marshall
- ✚ Tiffany Challis
- ✚ Kenya Kavanagh-Vincent
- ✚ Lily Fletcher (subject to fitness)
- ✚ Jess Shaw (subject to fitness)

### **Management:**

- ✚ Ronelle van Dongen (Head Coach)
- ✚ Andrea Cousins (Assistant Coach)
- ✚ Toni Torepe (Manager)



## WHAT'S COMING UP

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There's only one way to make sure you don't miss any of the action in 2018. Support the Silvermoon Tactix with one of our 2018 Season Memberships!

Every time the Silvermoon Tactix step out on the court at home they love hearing YOU – our passionate fans. Your loyalty and support is extraordinary and gives the team a real boost.

With six Membership packages to choose from – Platinum, Gold, Silver, Nelson, Supporter and Junior Tactix – it's never been easier to become a member. Each pack includes your very own member card and lanyard, members gift, access to exclusive members only events throughout the season and much more. With packages starting from just \$10, which one will you choose?

Please find outlined below the details for our home games:

- Wednesday 23 May vs. Northern Stars - Horncastle Arena - 7:40pm
- Monday 28 May vs. Northern Mystics - Horncastle Arena - 7:40pm
- Wednesday 6 June vs. WBOP Magic - Horncastle Arena - 7:40pm
- Sunday 10 June vs. WBOP Magic - Horncastle Arena - 4:10pm
- Monday 11 June vs. Southern Steel - Horncastle Arena - 7:40pm \*
- Sunday 1 July vs. Northern Mystics - Trafalgar Centre - 4:10pm \*\*
- Wednesday 11 July vs. Central Pulse - Horncastle Arena - 7:40pm

\*Sunday 10 June is SUPER SUNDAY. All six ANZ Premiership teams will be in action at Horncastle Arena.

\*\*tickets to our home game in Nelson are not included in the 2018 Membership packages except the Nelson Membership. Exclusive ticket information will be released in early 2018.

2018 Season Memberships are ON SALE NOW at [www.tactix.org.nz](http://www.tactix.org.nz)! We look forward to having you courtside and hearing you cheer on the team in 2018!

**[#wearecoming](#) [#faithful](#) [#ANZP](#)**

### LINEBREAK Deal

We are excited to welcome LINEBREAK to our family of sponsors as our official compression partner for the 2018 season!

**LINEBREAK**  
PERFORM. PROTECT. RECOVER.

As part of our partnership, they are offering players and supporters a discount of 30% on all their compression clothing. Please use the "Coupon Code" **TACTIX30** at checkout.

To check out their products and make a purchase head to [www.linebreak.co.nz](http://www.linebreak.co.nz)

**Best wishes from us here at Netball Mainland!**

