Mainland Matters - End of Season Wrap



MESSAGE FROM THE CEO

As the Netball season starts to draw to a close, I wish to thank all Centres and volunteers for your support of Netball. And extend best wishes to all teams from the Mainland Zone competing in the South Island Secondary Schools tournament in Dunedin (3 to 6 September) and NZ Secondary School Netball Championships in Timaru (9 to 12 October).

It gives me great pleasure to announce the appointment of Hannah Coutts to the position of NetballSmart Development Officer. Some of you may remember Hannah from her time as the Southland Netball Development Officer for Netball South. She has a Bachelor of Science (Major in Sport,



Exercise and Development Psychology) and Bachelor of Physical Education (Double major in Sport & Leisure Studies and Exercise Prescription) from the University of Otago. Hannah is back in New Zealand after two years in the UK, travelling and working – including a year working for "Go Mammoth" as their Retentions and Member Relations Manager (Go Mammoth are the largest organiser of after-work sports leagues & group fitness in the UK). We welcome Hannah to the Netball Mainland family.

Well what a season it has been in the performance netball space! Our Hellers Mainland Beko netball league team finishing in third position, one point behind competition winner Central, and the Silvermoon Tactix had a record breaking season.

The ANZ Premiership started well with two wins out of the first three games, however we sadly lost Captain Jess MacLennan and Deputy Captain Zoe Walker to injuries. In stepped Jane Watson and Erikana Pedersen, who showed great leadership for the remainder of the season.

The Silvermoon Tactix finished in the top three after the regular season and contested the finals for the first time in our 11-year history when we played the Southern Steel in the ANZ Premiership Elimination Final.

They were the first team since the Canterbury Flames days, some 12 years ago in the old National Bank Cup, to play finals Netball in an elite week-in week-out competition.

We finished the 2018 ANZ Premiership in third position, the Silvermoon Tactix previous highest finish in the former Trans-Tasman Championship was sixth.

And set a swag of new club records along the way;

- The most wins in a season with seven wins, previous best was five;
- Recorded our highest ANZ Premiership score of 62-goals against the WBOP Magic in Round 13;
- Won the first ANZ Premiership match decided in extra time in Round 1 against the Northern Stars;
- For the first time ever, beat all teams in the competition at least once during the regular season;



Ellie Bird shot 541 goals 81% which is the highest volume of goals by a player in the 11-year history of • the Tactix, beating former Malawi import Mwai Kumwenda who shot 540 goals in 2014.

We also qualified for the final of SuperClub this year, finishing runners-up to the Central Pulse by just five goals.

An awesome season and one to build on in 2019!

Planning is well underway for our Zone Centre Forum to be held in Christchurch on 29 and 30 September. We have tried to provide a broad range of topics that 'traverse' operations and governance, which we hope you will find valuable. See you there!

Kind regards, Brigit















SILVERMOON TACTIX AND HELLERS MAINLAND AWARDS 2018

Temalisia Fakahokotau has been recognised as the "Player of the Year" at the Silvermoon Tactix Awards and Dinner on Saturday 25 August 2018.

The Awards, held at Addington Raceway, Christchurch, were a celebration of the year and a way to recognise and acknowledge the contribution of players, management, sponsors and supporters.

Tem was outstanding on defence and was ranked one of the best defensive interceptors and deflectors in the 2018 ANZ Premiership. She has also been rewarded for her hard work with selection in the Silver Ferns, along with defensive partner Jane Watson.

Tem's infectious, warm personality makes her a favourite amongst the members which saw her also pick up the "Members Player of the Year" award.

Outstanding Centre, Kimiora Poi, was recognised as the "Rookie of the Year" having had a sensational inaugural season in the ANZ Premiership, culminating in her selection in the New Zealand A and Fast5 Ferns teams to play later this year.

Shooter Ellie Bird won the "Players Player of the Year" award, having shot 541 goals at 81% which is the highest volume of goals by a player in the 11-year history of the Tactix, beating former import Mwai Kumwenda who shot 540 goals in 2014.

Earlier in the evening, Nicola Mackle was recognised for her performances for the Hellers Mainland team, being awarded the "Player of the Year." Nicola showed great leadership as captain of the Hellers Mainland team, leading them to a creditable third place in the BEKO National Netball League, one point behind the eventual winners Central.

Also, at the awards and acknowledged for their support of the Silvermoon Tactix, were a number of local sporting icons; Anna Simcic, Dallas Seymour, Dr Lesley Nicol, Don Hayes and Lesley Murdoch.

Silvermoon Tactix Awards 2018

- Hellers Mainland Beko Player of the Year Nicola Mackle
- Tactix Milestone: 50 ANZ games Erikana Pedersen
- Silvermoon Tactix Rookie of the Year Kimiora Poi
- Members Player of the Year Temalisi Fakahokotau
- Silvermoon Tactix Players Player of the Year Ellie Bird
- Silvermoon Tactix Player of the Year Temalisi Fakahokotau





















COMMUNITY

As the netball season has come to an end, the community team have reflected on the season thus far. The Zone Under 15 Championship was a success. It was great to see our Mainland community come together and showcase the talent coming through our Zone - players, coaches, umpires and technical officials. It was also pleasing to see our NetballSmart Development Officer providing advice and support around the Zone with regards to the six principles of NetballSmart - Smart Preparation, Smart Warm Up/Cool Down, Smart Movement, Smart Training, Smart Player Welfare and Smart Injury Management. Tamika (JDO) has visited all the Mainland netball Centres to support and guide them through their endorsement of the junior programme.

In addition, Tamika and three of our University of Canterbury intern students delivered an exciting holiday programme to our smaller netball Centres and the feedback has been positive. Deb (Coach Lead) has supported our Centres with coach development, as well as providing informal opportunities to our community coaches.

The community team, as well as performance and high performance, went alongside and watched a bit of community netball, premier final action. Although we were unable to get around the Zone and watch all the finals on display, we look forward to visiting our other netball Centre finals in 2019.

As it is the time to reflect and take on board the learning opportunities for 2019. The Netball Mainland Zone Centre Forum will look to provide this opportunity for relevant Centre staff members, on 29 and 30 September 2018, as well as to celebrate our successes for the year.

Tiaki i a koe ano – take care of onself



Coach Development

Good luck to all those coaches attending senior SISS in Dunedin. Don't forget that our Coach Lead Deb Johnson will be present to offer support. Contact <u>deb.johnson@netballmainland.co.nz</u>

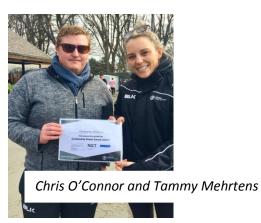
The SuperClub Competition in Nelson was a fantastic opportunity for our community team to run a game and skill analysis session for coaches. A highlight for the coaches was talking to Marianne Delaney-Hoshek about game analysis and the game plan of the Silvermoon Tactix. The coaches were able to put their learning into practice by analysing the participating teams. We were also privileged to have one of our very own Silvermoon Tactix player, Zoe Walker, talk to the coaches on fundamental movement skills.





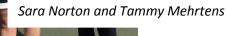
Celebrating our Community Coaches

Congratulations to both Chris O'Connor and Sara Norton on obtaining their Community Coach Award Level 2. With the changes to the NNZ Coaching framework obtaining, this award shows a real commitment to coach development. Thank you to Tammy Mehrtens (NNZ Training Manager) for handing out to our coaches their awards.





Sport Tasman









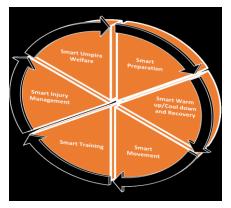






NetballSmart

With tournament season well underway, it is important that player and umpire loading is carefully managed to reduce the risk of injury and improve performance. Keep an eye out for our pop-up stations and Recovery Zones at SISS and NZSS (you can't miss the bright orange!) and feel free to come and chat to us about NetballSmart warm up, cool down and recovery strategies, as well as hydration and nutrition tips to get the most out of your people during these intensive weeks.



To receive more information about NetballSmart workshops in your area, or to request a school visit or resources, please contact Hannah at, Hannah.coutts@netballmainland.co.nz

NetballSmart.co.nz

Junior Development

Netball Mainland 2019 Internships

We are now taking applications for 2019 Tertiary Internships with Netball Mainland. We have different options available for students including our Holiday Programme Coordinator and Delivery positions, plus open internships where students can pick up a range of different project within the organisation.

For more information and to access an application form head to http://www.sporty.co.nz/netballmainland/Internship-Opportunities/2019-Internship-Applications.



PERFORMANCE

MEDIA RELEASE

SILVERMOON TACTIX TO BUILD ON SUCCESSFUL SEASON

The Silvermoon Tactix will suit up for the 2019 ANZ Premiership season with the core of the squad which made history for the franchise this year.

The Silvermoon Tactix has re-signed a core group of eight players for the new season including the stand-out defensive pairing of Silver Ferns Temalisi Fakahokotau and Jane Watson.

The shooting trio of Ellie Bird, Brooke Leaver and Australian import Kate Beveridge are all back, as well as midcourters Kimiora Poi, Erikana Pedersen and Charlotte Elley.

It was a record setting season for the Tactix this year as they reached the ANZ Premiership Finals series for the first time and also the international Super Club final.

Coach Marianne Delaney-Hoshek said she was pleased to see that players were recognising the "great culture", support services and High Performance environment in the Mainland.

"It's such a good mix – we have some experienced heads in there with some exciting young talent," she said. "The team had an awesome ANZ Premiership season and we are now in a position to build on this in 2019, which is exciting for the coaching team, players and our loyal supporters."

New signings for next year are Ashburton-born defender and New Zealand Under-21 World Youth Cup winner, Kate Lloyd, and Lily Marshall who has come through the Netball Mainland player development pathway.

They join a strong defensive end which includes Fakahokotau and Watson who were ranked as one of the best units in this year's Premiership.

Poi, who made the Silver Ferns Development Squad, Fast5 Ferns and New Zealand A team, flourished in the Tactix environment in her first full ANZ Premiership season, while Bird was a stand-out in the shooting circle netting a record 541 goals.

Former Australian Diamond, Kate Beveridge, will return for her second season in Tactix colours to bring plenty of experience to the shooting circle.

Missing from this year's squad are defenders Jess MacLennan and Zoe Walker who were not considered as they continue their comeback from injury.

The Tactix' opening game is against the Magic in Hamilton on 24 February 2018, with the ANZ Premiership starting earlier in the year due to July's Netball World Cup in England.













Mainland Tactix 2019 ANZ Premiership roster:

Kate Beveridge, Ellie Bird, Charlotte Elley, Temalisi Fakahokotau, Brooke Leaver, Kate Lloyd, Erikana Pedersen, Kimiora Poi, Jane Watson and Lily Marshall.

Head Coach: Marianne Delaney-Hoshek

Assistant Coach: Julie Seymour





Celebrating Mainland Umpires

NEW Zone Umpires	NEW NZ C Umpire	Endorsed Zone	Endorsed NZ Umpire
Awards	Awards	Umpire Awards	Awards
Heath Lyttle	Olivia McFarlane	Ranee Higgins	Michelle Stage - NZ B
(Mid Canterbury)	(Selwyn)	(Marlborough)	(Marlborough)
	Abbey McCarthy	Lynette Rayner	Jamie Smith - NZ C
	(Christchurch)	(Marlborough)	(Christchurch)

PASSED Zone Theory Exam – August 2018					
Poppy Taggart	Lindsay Filiata	Dana Weir	Elise Reid	Evie Reid	
(Nelson)	(Nelson)	(Nelson)	(Nelson)	(Nelson)	
Matthew Edmonds	Bryn Boyes	Mahina Henry-	Hayley Turoa	Melissa Smith	
(Nelson)	(Motueka)	Campbell	(Marlborough)	(Christchurch)	
		(Marlborough)			
Caitlynne Hill	Jasmine Ward	Lisa Jackson	Hailee Williams	Olivia Bunz	
(Christchurch)	(Christchurch)	(Christchurch)	(South	(Selwyn)	
			Canterbury)		
Kate Flemming	Lucy McGregor	Rebecca Green	Kiara Smith	Lisa McLean	
(Selwyn)	(Selwyn)	(North	(North	(North	
		Canterbury)	Canterbury)	Canterbury)	

A NOTE FROM THE COACH

The season has come to an end and we have all enjoyed watching the team culture develop into something special. We are currently in planning phase, as it is a short turn around due to the netball World Cup in July 2019. With pre-season training due to commence in November 2018, we look forward to building on our strengths and positive aspects of our game for 2019.



Marianne















ENRICHING LIVES THORUGH A LIFELONG LOVE OF NETBALL

Mā te arohanui ki te poitarawhiti e whanake ai te ora o te tangata

