# Mainland Matters — August 2017



# Message from the ceo

Greetings all ☺

There has been plenty going on in the Zone with the conclusion of ANZP player contracting and season reviews, budgeting, meetings with regard to the Christchurch nine court indoor and aquatic facility (Metro Sports), national Zone CEOs meeting and Zone U15 tournament.

Our Zone U15 competition was fantastic and finished with the final at North Canterbury Netball Centre (Rangiora) a couple of weekends ago between Christchurch 1 and Christchurch 3 (U14 team). An amazingly tight battle developed with Christchurch 1 ending up the winners by just three goals.



Congratulations ©. A big thank you to all our Centres who hosted round-robin and finals action and to all the coaches, managers, officials, players and volunteers for your time and commitment.

Marianne Delaney-Hoshek, Jen Hopper and I have finished player contracting for the 2018 ANZP season. The 2018 competition commences on 6<sup>th</sup> May and concludes with the Grand Final on 12<sup>th</sup> August 2018, followed by SuperClub (top three NZ teams) in Nelson. We have a number of exciting additions to the Silvermoon Tactix family as well as a core group coming back. Some tough decisions were made and we are confident that we have put together a competitive roster for 2018. The Silvermoon Tactix 2018 ANZ Premiership roster: Kate Beveridge, Ellie Bird, Charlotte Elley, Temalisi Fakahokotau, Brooke Leaver, Jess Moulds, Erikana Pedersen, Kimiora Poi, Zoe Walker and Jane Watson.

### Silvermoon Tactix players achieving national selections:

Silver Ferns - Temalisi Fakahokatau and Jane Watson

NNZ Development Squad: Zoe Walker, Erikana Pedersen and Ellie Bird

At time of writing, recruitment for an Assistant Coach for the Silvermoon Tactix is in the final stages, with short list interviews.

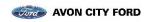
As the netball season comes to an end, we head into planning mode, including our up-coming Netball Mainland Zone Centre Forum to be held in Christchurch over the weekend of 7<sup>th</sup> and 8<sup>th</sup> October 2017.

Take care.

Kind regards, Brigit





































## **COMMUNITY**

### JUNIOR DEVELOPMENT

Netball New Zealand (NNZ) is committed to providing the best possible experiences in Netball. To do this we need to keep improving so please let us know how ANZ futureFERNS Netball went in 2017 by completing the following survey.

## https://www.surveymonkey.com/r/NNZfutureFERNS

All surveys completed by 5.00pm on 06 October 2017 will go into a draw to win a Gilbert Netball signed by the Silver Ferns.

Thanks for your participation!

### **NETBALL MAINLAND UNDER 15 CHAMPIONSHIPS 2017**

Thank you to all coaches, managers, players, parents, and organizing crew behind the scenes at every Centre for helping make this tournament a great success. We tackled some pretty ugly weather but still managed to get in some great netball!

A special thanks to our three hosting centres, <u>Nelson Netball Centre</u>, <u>West Coast Netball Centre</u>, and <u>North Canterbury Netball Centre</u>.

Congratulations to the following players who were awarded MVP of the tournament (based of MVP nominations from teams throughout the three days).

Bottom 12 MVP	Top 8 MVP:	MVP for final game:
Georgia Gold, North Canterbury 2  Mya Wiapo, Marlborough 2	Georgia Sheat, Christchurch 1	Sophia Morton, Christchurch 1















### **NETBALL MAINLAND U15 CHAMIONSHIPS—2017 FINALS RESULTS**

### **Quarter Finals**

Q1: A1:	Christchurch 1 46	vs C2:	South Canterbury 2 18	Q2: B1:	North Canterbury 1 24	vs A2:Nelson 1 26
Q3: C1:	Marlborough 1 25	vs D2:	Christchurch 2 27	Q4: D1:	Christchurch 3 43	vs B2: Selwyn 1 20

### SEMI FINALS:

S1: W Q1: Christchurch 1 32	vs W Q3: Christchurch 2 14	S6: Y1:	Marlborough 2 9	vs Z1:	Nelson 3 32
S2: W Q2: Nelson 1 11	vs W Q4: Christchurch 3 37	<i>S7:</i> W2:	Selwyn 2 23	vs X2:	Mid Canterbury 1 22
S3: L Q1: South Canterbury 2 20	vs L Q3: Marlborough 1 31	ss: Y2:	Nelson 4 26	vs Z2:	Hurunui 34
S4: L Q2: North Canterbury 1 33	vs L Q4: Selwyn 1 27	s9: W3:	Mid Canterbury 2 21	vs X3:	Hokitika 12
S5: W1: South Canterbury 1 35	vs X1: Nelson 2 15	s10: Y3:	North Canterbury 2 28 v	s Z3: Wes	t Coast 34

### FINALS:

1 & 2: W S1: Christchurch 1 31	vs W S2: Christchurch 3 28	11 & 12: L S5: Nelson 2 27	vs L S6: Marlborough 2 28
3 & 4: L S1:Christchurch 2 19	vs L S2: Nelson 4 21	13 & 14: W S7: Selwyn 2 29	vs W S8: Hurunui 22
5 & 6: W S3: Marlborough 1 20	vs W S4: North Canterbury 1 37	15 & 16: L S7: Mid Canterbury 1 30	vs L S8: Nelson 4 24

### Netball Mainland U15 Championship—2017 FINAL PLACINGS

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1. Christchurch 1	6. Marlborough 1	11. Marlborough 2	16. Nelson 4
2. Christchurch 3	7. Selwyn 1	12. Nelson 2	17. West Coast
3. Nelson 1	8. South Canterbury 2	13. Selwyn 2	18. Mid Canterbury 2
4. Christchurch 2	9. South Canterbury 1	14.Hurunui	19. North Canterbury 2
5. North Canterbury 1	10. Nelson 3	15. Mid Canterbury 1	20. Hokitika













































# NETBALL FITNESS FOR **YEAR 12 8 13**

**FREEBIES** 

23rd

CHRISTCHURCH Hagley Park, Netball Courts

**NELSON Nelson Netball** Courts, Saxton

TIMARU Aorangi Park, **Netball Courts** 

Join us in SEPTEMBER for a fun fitness session to finish the netball season on a high. Dress up in your best FLURO outfit to win some awesome give a-ways.

You'll come away with information on how to stay involved in Netball after you leave High School

For more information, contact Tori at communitynetball@netballmainland.co.nz















### **COACH DEVELOPMENT**

The journey to connect with centres within the zone is on-going. Thank you to the following centres for the warm welcome: Mid and South Canterbury, Selwyn, Blenheim, Hokitika, Greymouth and North Canterbury. It has been a privilege to see members of the netball community in action and the kind gestures certainly warms the heart. One of the highlights was seeing the Jellybean tournament at North Canterbury Netball Centre. The creative efforts that teams put into their uniforms was astounding. The centre visits also provided an opportunity to observe the player development coming through the zone, especially during the Netball Mainland under 14 and 15 tournament.

Thank you to the coaches at Selwyn Netball Centre who took the opportunity to be observed and develop their skills as coaches. The learning opportunity provided the coaches with support and advice to be confident in their roles. If coaches want to further raise their effectiveness, Netball Mainland is currently providing a mentor programme in the Christchurch, North Canterbury, Selwyn, Malvern and Nelson areas. Contact the relevant centres and they will discuss the process and connect you with a mentor. Alternatively, email <a href="mailto:geni.tuilagi@netballmainland.co.nz">geni.tuilagi@netballmainland.co.nz</a>. Lastly, check out the Netball New Zealand Coaching Framework on the following link:

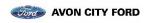
http://www.mynetball.co.nz/images/stories/zones/Mainland/Documents/2016/CoachFramework\_Dec16\_v41

.pdf







































### **UMPIRE DEVELOPMENT**

We would like to extend our hearty congratulations to those who have achieved the next level in their umpire pathway, including Zone Theory, Zone Awards, and NZ Awards. We wish you well for the next step.

Zone Theory		
Hannah Williamson	Christchurch	
Isobel McKnight	South Canterbury	
Kate Palmer	Selwyn	
Katya Paki	Christchurch	
McKynlee Breen	Marlborough	
Meg Fahey	Christchurch	
Michael Peach	Christchurch	
Michelle Birch	Marlborough	
Rachael Vincent	Christchurch	
Rachelle Neal	Marlborough	
Rebecca Johnson	Selwyn	
Rebecca Waters	Selwyn	
Renee Rae	Christchurch	
Rochelle Heunis	South Canterbury	

	NZ B Award
Kiani Smith	Selwyn

Zone Award		
Carol Martin	Hokitika	
Cindy Newton	Hokitika	
Cassidy Van Vuuren	Christchurch	
Ian Stothers	Christchurch	
Camel Heine	Nelson	
Paula Campbell	Nelson	
Keyle Brown	Nelson	
Lindsay Cameron	Christchurch	
Tilly Pritchard	Christchurch	
Isaac Wilson	Christchurch	
Maree Lemon	Selwyn	
Erica Phillips	South Canterbury	

NZ C Award		
Kathryn Gaze	Christchurch	
Lisa Charles	Nelson	
Caleb Binns	Nelson	















### **UMPIRE COACH AND ASSESSOR ROLES 2018**

Application for 2017/18 umpire coach and/or assessor positions within the Mainland Zone are now open. This year applications have gone online. For access to the online application form <u>click here.</u> Applications close Friday 29<sup>th</sup> September and appointments will be advised by the end of October 2017.

## **NZSS 2017 Umprie Appointment**

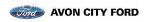
Congratulations to the following umpire appointments for this years New Zealand Secondary Schools tournament. This tournament will be help in Rotorua, 10-13<sup>th</sup> October 2017.

Umpire	for NZSS
Caleb Binns	Nelson
Kiani Smith	Christchurch
Michelle Stagg	Marlborough

Umpire Coaches for NZSS		
Sue James	Christchurch/NZUDG	
Sheena Tyrrell	Mid Canterbury/NZUDG	



































### **NETBALL NEW ZEALAND VOLUNTEERS AWARDS**



Netball NZ is proud to celebrate the commitment and hard work of our volunteers with the 2017 NNZ Volunteer Awards.

With nominations officially open, the awards recognise volunteers for their outstanding commitment to Netball in these four categories:

- Coach
- Administrator
- Official
- Youth Volunteer

Volunteers are at the heart of Netball and are crucial in bringing the sport to life across New Zealand.

If you know of an outstanding volunteer in your Netball Zone, Centre, Club or School, then why not nominate them for the 2017 NNZ Volunteer Awards?

<u>CLICK HERE</u> for more information including the selection criteria or <u>NOMINATE</u> a deserving volunteer today!

Nominations close on Monday 11 September, 2017.

For more information about volunteering **CLICK HERE**.















# **PERFORMANCE**

# HELLERS MAINLAND BEKO COACHING APPLICATIONS

Advertisements for the following roles will go out as follows:

Head Coach - 14th August

Assistant Coach/es - 13th September

### A NOTE FROM THE COACH

A successful team starts with a successful culture.



So, you have completed your team vision and the season is coming around. The question that remains is how is your team going to live out your vision in everyday life?

It is great to have a vision and values but you need systems and processes that ensure you live out your vision.

You first job as a coach is to create a successful culture- and one of the most powerful tools for this is setting a good example. You need to model the kinds of behaviour and, expectations and standards that you are wanting your players to have. For example, if you want high work ethic then you need to model this- are you well planned, hardworking and always looking for a new edge? This behaviour displays that you have a good work ethic.

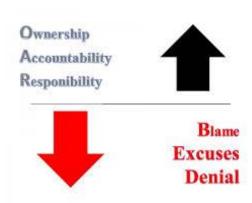
You need to set the tone with how your athletes train, lead, win, lose and what sort of people they are off and on the court. If you have a huge culture shift needed, sometimes it's easier to start by focussing on a couple of key things.

It takes time to instil the right culture and sometimes there are players who are not willing to shift behaviours. If they are not willing to shift, then you should not have them involved in your team- try and create a culture to retain and attract the players that will help you succeed in the long run.

If you can set up systems of accountability with your staff and player's, then everyone is on the same page from the beginning.

In the past, a helpful tool I have used is a simple above and below the line concept-

Behaviours above are behaviours of ownership, accountability and responsibility and below are blame excuses and denial. You can go through examples of types of behaviours that sit above and below the line and encourage them to stay above the line in all they do.







































# **EVENTS**

### **Meet the Silver Ferns with ANZ**

ANZ are giving you the chance to meet your heroes on your court!

Get up close with the Silver Ferns on Saturday 7 October, 1:00pm – 2:00pm at the Christchurch Netball Centre.

Show your skills with drills on court, get an autograph and photo with your favourite players, free merchandise and go in the draw to win tickets to the Silver Ferns Test match hosted in Christchurch!





Best wishes from us here at Netball Mainland













