

## MESSAGE FROM THE CEO

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Fantastic to see the blossoms out and great weather hopefully on the way!

Firstly, a big thank you to everyone from our Centres across the Zone for participating in our recent Zone Centre Forum. There was lots of good discussion, plans and feedback for 2019 and beyond.

In the coming weeks, we will be sending out to Centres presentations and notes from the Forum and look forward to working with you all in the future.



Some of the key points that have stuck with me from the Forum;

- The wonderful job that Centres are doing across the Zone in so many areas, for example;
  - South Canterbury's engagement/collaboration with local High Schools;
  - Nelson Netball Centre taking a lead in banning the sale of sugary drinks, replacing with water and ensuring availability of healthy food choices at their Centre;
  - the photo wall at North Canterbury Netball Centre celebrating the achievements of their umpires in gaining qualifications and movement along the 'pathway';
  - Mid-Canterbury amending the day and time competition played saw a significant increase in playing numbers;
  - and the large number of Centres already providing modified versions of our game.
  
- Be bold - don't be afraid to give things a go!
  
- Innovate or face extinction - 'blue sky' thinking ...
  - Unstructured play
  - Making our sport social and fun 😊
  - Use of technology (e-sports)
  - Modified versions
  - Ethnic and gender equality, opportunities for men and boys (49% of the population, huge opportunity to grow our sport) and ethnicities.

Startling statistics from the “Sport NZ Voice of the Participant” survey which require our working on:

- 50% of respondents saying that they had experienced or seen at almost every game or every game, some kind of poor behaviour, whether it be from a player, coach or person on the sideline. More work needed in the positive play/sideline behaviour space.
- Providing and supporting quality officiating/umpiring.
- Provision of player development pathways and opportunities.
- Clean and well-maintained toilets, changing rooms and courts – this comes through in nearly every piece of research whether it be in other sports or events management. It really matters to participants and influences their satisfaction with your Centre.

Planning is well underway for the 2019 season here at Netball Mainland, across all areas of the business and we look forward to continuing to work with you for the remainder of 2018 and beyond. Please do get in touch with any one of the team here at Netball Mainland for help or support.

Kind regards, Brigit

## COMMUNITY

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The netball season has come to an end. The hustle and bustle are no more. As the courts are swept for the last time. The sound of silence is uncanny. Netball shoes are tucked away and so is the thought of the early morning rise - to run the Centre, to play, to officiate and to support. We cannot go without saying a big THANK YOU to all our Centres, volunteers and the people who keep our sport alive. Your passion does not go unnoticed and we thank you.

To our Centres, thank you for your continued contribution and support. It was a pleasure to host and celebrate the amazing work you do, at our Netball Mainland Centre Forum on the 29th and 30th September 2018. Not only was the forum about acknowledging and celebrating our people. It was also about thinking 'blue sky ideas', to ensure our sport is evolving with the times. Thank you to Glenn Fyall (University of Canterbury lecturer) and Kendra Cocksedge (Women's Rugby Development Manager and Black Fern) for helping us think outside the box to grow our sport. We would also like to thank George Robinson (North Canterbury Basketball, Community Development Manager), for reminding us the value of our wellbeing. As the saying goes, "you can't pour from an empty cup. Take care of yourself first".

*Ehara taku toa, he takitahi, he toa takitini – my success should not be bestowed onto me alone, as it was not individual success but success of a collective*

### Community Team



## Coach Development

September started with SISS tournament in Dunedin involving 45 schools from the Netball Mainland Zone. A number of coaches engaged with our coach lead for support and learning during the tournament. What a great display of netball and coaching!

The latter part of the month has been an intense time of development for Centre development staff and Coach Developers. For the first time we ran our Coach Developer training with coach developers from rugby, cricket, korfbal and a group of netball coach developers from the Pacific Islands.

Congratulations to Kelly O'Hara, Kirsty Thompson and Tamika Green on achieving their Community Coach Award Level 1.

Congratulations also to Lee McKenzie who has successfully completed the NNZ Coach Developer Accreditation.

Coach development opportunities are being run alongside the NZSS in Timaru next week and the Beko Team trials - see the South Canterbury Netball Centre and Christchurch Netball Centre websites for details.





*Lee McKenzie (Christchurch Netball Centre) has managed to successfully complete the NNZ Coach Developer Accreditation. Well done Lee!*

### **NetballSmart**

Did you know we see a 300% increase in injury between April and May, as players transition from pre-season to competition? As we look toward the 2019 season, now is the perfect time to start thinking about developing the physical fitness and ability of your players and umpires, to ensure they are prepared and ready to take the court when the new season rolls around!

Contact [Hannah.coutts@netballmainland.co.nz](mailto:Hannah.coutts@netballmainland.co.nz) to organise a session in your centre, and visit [www.netballsmart.co.nz](http://www.netballsmart.co.nz) to view our Body Weight Strengthening and Core Stability programmes.



## Junior Development

### Celebrating Mainland Umpires

PASSED NZ Theory Exam – September 2018		
Mckynlee Breen (Christchurch)	Keyle Brown (Nelson)	Zoe Diedricks (Mid Canterbury)
Heath Lyttle (Mid Canterbury)	Vanessa Robinson (Selwyn)	Sinead Washington (Christchurch)

Endorsed Zone Umpire Award
Alan Henderson (Nelson)

## PERFORMANCE

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### PRIME MINISTER'S SCHOLARSHIPS AWARDED TO NETBALL MAINLAND RECIPIENTS IN 2018

**Congratulations to the following 2018 Tactix players; Erikana Pedersen, Kimiora Poi and Charlotte Elley on being awarded Prime Minister's scholarships.**

These scholarships are awarded annually, to athletes across all codes who are in national teams and squads and compete internationally for New Zealand, from young up and comers to seasoned athletes. These scholarships are also available to international level coaches and officials. The scholarships provide access to up to \$10,000 per annum of tertiary study fees and a further \$2,000 for study assistance.

### NATIONAL APPOINTMENTS

Marianne Delaney-Hoshek      Silver Ferns Assistant Coach Quad Series  
Leanne Harris                      Fast5 Manager

### SILVERMOON TACTIX

Review underway reports due 15 September 2018, face to face meetings starting week of the 17 September 2018.

### MAINLAND BEKO

Management team reappointed for 2019

Head Coach      Ronelle van Dongen  
Assistant        Andrea Cousins  
Manager         Toni Torepe

Trials on the 27<sup>th</sup>/28<sup>th</sup> October Register here <http://www.sporty.co.nz/netballmainland/BEKO-Trials/2018-2>



## New Zealand Secondary School Appointment

Three teams from the Mainland Zone are preparing for the NZSS championships, to be held this year in Timaru from the 9 to 12 October 2018, and we wish them all the very best:

- Villa Maria College
- Christchurch Girls High
- Nelson Girls College

Also, congratulations and best wishes to the following umpires and bench officials appointed from our Zone:

### Umpires

- Jamie Smith
- Rebecca Reside
- Rianna Oosthuysen

### Bench Officials

- Anne Harrison
- Margaret Marsh
- Gail Benseman
- Michelle Cox
- Joyce Walsh



## A NOTE FROM THE COACH

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Just an update of where we are at with Tactix planning. We have our 2019 team in place with a very similar look to 2018. We felt it was a great opportunity to have some consistency in personnel after lots of changes from last year. We have reviewed last season and there were definitely a lot of positives, but we feel that we need to improve in lots of areas to push on next season. We will be driving a “next level” mentality in everything we do. The girls will be in on the 19 November 2018, so there is a very quick turnaround.



I had an amazing time being an assistant coach for the Silver Ferns at the Quad Series. They are definitely progressing which was great to be a part of. It was a surreal experience getting to sing the anthem out there on court. There were definitely lots of learnings and takeaways for me to bring back to franchise level. The worst part was being there when Tem injured herself rupturing her ACL. Very gutted about this! Tem had such a great year and we were looking forward to her building on this and taking it into the Silver Ferns environment. Jane has been thriving in the Silver Ferns environment and really earning her spot out on court.

I am off to Fiji for a vacation next week and looking forward to the break. It certainly has been the season that has kept giving. Finalist and third in ANZ, as well as runners up at Super Club. Not bad at all!

I wish to thank all my support staff, office staff, Brigit our CEO, families and friends, our Centres, the players and of course, our faithful fans for all your support throughout the season.

Marianne

**ENRICHING LIVES THORUGH A LIFELONG LOVE OF NETBALL**

**Mā te arohanui ki te poitarawhiti e whanake ai te ora o te tangata**

