

# Mainland Matters – May 2016



## MESSAGE FROM THE CEO

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Well, winter now seems to have kicked in with a vengeance, plenty of snow on the mountains! I hope that the netball season is going well for you all.

I was fortunate recently to be up in the Nelson and Motueka areas with our staff for; meetings, ANZ FutureFERNs festival day and promotional activity associated with our Tactix and Beko league games at the Trafalgar Centre in Nelson. While the Centre was still under construction, it was fantastic to be able to bring ANZC netball back to the region. A big thank you to all the volunteers who turned out to make this possible. And I am sure it was a great 'practice run' for the Silver Ferns vs Jamaica test in September.



On my travels, I was yet again reminded of the wonderful work that you all do in our Centres, giving of your time and energy to provide participation opportunities to your respective communities. Thank you.

As you will be aware this is the last year of the ANZ Championship as we know it, with Australia and New Zealand to run separate elite domestic competitions for 2017. The New Zealand competition backed by a five year broadcast deal with SKY, covering all games live. This is an exciting development for our sport and discussions are on-going with regard to the competition structure and options around elite 'club' games against other nations/clubs after the domestic competition is concluded.

In the meantime, lets enjoy 2016 and make sure you get along to the last two Tactix home games of the regular season – vs Steel (5<sup>th</sup> June) followed by our Beko League team game against South - then vs Pulse (20<sup>th</sup> June). These games should be real 'humdingers'!

At the end of June, we farewell Clare Cini, our wonderful Events and Business Relationship Manager. Clare has been a part of the Mainland Zone and Tactix for the last four years, and we will miss her terribly. We thank Clare for her total professionalism, energy and dedication, and wish her all the very best for her future endeavours. Clare's last day in the office will be Friday 1<sup>st</sup> July 2016.

On the subject of farewells, Melissa Haberfield's (Commercial Manager) contract has come to end, with her last day being Thursday 23<sup>rd</sup> June. Melissa has contributed greatly to Netball Mainland, and we thank her very much for all her efforts and 'infectious' enthusiasm.

As always, any questions, queries or assistance required, please contact any one of the friendly team here at Netball Mainland.

**Kind regards, Brigit**



We're all about you



Espresso Carwash



AVON CITY FORD



NEW WORLD



## COMMUNITY

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### JUNIOR NETBALL



Tori Harding will be the contact person for all ANZ futureFERNs and Junior Netball programmes and can be contacted on [communitynetball@netballmainland.co.nz](mailto:communitynetball@netballmainland.co.nz)

#### ANZfutureFERNs Programme

All centres are underway with their 2016 ANZ futureFERN programmes and it has been great to see all the young netballers in our Centres having fun and learning some great skills along the way.

Tori will be in contact as she makes her way around the Zone to provide support, advice and endorse Centres to run these programmes.

#### Year 5 – 6

Netball bibs for the 6-aside game have been shipped from NNZ and you should have all received these by now. If you have not, please contact Tori.



#### ANZ futureFERNs ZONE FESTIVAL DAY

Netball New Zealand and Netball Mainland along with Netball Nelson were excited to be running the Zones second ANZfutureFERNs Zone Festival Day on Friday 13<sup>th</sup> of May.

We were pleased to have got so many children and supporters who came along to the event in Nelson. The event was designed to incorporate the launch of the ANZfutureFERNs and the opportunity to get players and their parents actively involved in netball.

All hands were on deck in Nelson from the Mainland office. A big thank you to Nelson netball for hosting the event.

We were lucky enough to get 6 Tactix players up who helped out on the day. A big thank you to Mwai Kumwenda, Anna Thompson, Bailey Mes, Charlotte Elley, Zoe Walker, Jess Moulds and other helpers for making this a great event for the kids.

This is an annual event aimed to promote the **ANZfutureFERNs** programme and offers a great opportunity for our players new or experienced to have a fun afternoon of Netball.





## HOLIDAY PROGRAMMES

Keep an eye out for dates and locations for the upcoming school holidays!

## BENCH OFFICIALS

The Zone Technical Officials Development Group (ZTODG) meet four times throughout the year with the responsibility to consider, recommend and deliver strategies to increase the depth and quality of Bench Officials at community and high performance level within NM Zone.

The group currently consists of the following members:

Margaret Marsh, Kay Norris, Maree Morel, Claire Lewis, Anne Harrison and Sandra Munro

Training and information sessions/workshops are available for aspiring bench officials and those wanting to learn more about this aspect of the game. Please contact Amy if you wish to know more.

## UMPIRE DEVELOPMENT

All centres recently received the document 'Zone Umpire Development Guidelines'. The purpose of this document was to ensure Centres are aware of the process and responsibilities for workshops and module delivery. We hope that this will encourage a more efficient and consistent process.

### Umpire Modules

The following umpire modules are available to be delivered in your Centres by approved facilitators:

- Junior Practical
- Techniques 1 & 2
- Post-Match discussions
- Reading the play
- Self-Analysis
- Obstruction

## Umpire Theory Exams

### Zone and NZ Theory

Thank you to everyone for your patience and understanding as the Umpire Theory Exams are moved to the online portal. The Zone Theory exam was sat on Monday 13<sup>th</sup> May with a number of teething problems. NNZ have rectified these issues and we hope to have no further issues going forward. Mainland had a 100% pass rate for this exam so congratulations to those participants and their tutors who prepared them more than adequately.

CENTRE	NAME		RESULT
Christchurch Netball Centre	Luao	Te Hae	PASS
Hokitika Netball Centre	Laura	Jones	PASS
Christchurch Netball Centre	Alyssa	Millard	PASS
Christchurch Netball Centre	Sophie	Eggleton	PASS
Christchurch Netball Centre	Laura	Jones	PASS
Selwyn Netball	Olivia	McFarlane	PASS
Hurunui Netball Centre	Rebecca	Murdoch	PASS
Christchurch Netball Centre	Sinead	Washington	PASS
Hokitika Netball Centre	Angela	Keenan	PASS

### ZONE THEORY MAY EXAM RESULTS: NETBALL MAINLAND

Registrations have now closed for the first NZ Exam. Those who have registered should have received a confirmation email and further details from NNZ. If you have not, please let Amy know ASAP.

To login to the NNZ Learning & Development portal please use this link <https://netballnz.brackenlearning.com/>

If you have any questions relating to the exam, please contact Amy. If you have any issues or questions when logging in to the NNZ Learning & Development platform, please contact [richard@brackenlearning.com](mailto:richard@brackenlearning.com).

## DATES 2016

	Exam Dates	Applications Due	Cost
<b>ZONE Exam 1</b>	16 May 2016	18 April 2016	\$55
<b>ZONE Exam 2</b>	1 August 2016	4 July 2016	\$55
<b>NZ Exam 1</b>	13 June 2016	16 May 2016	\$55
<b>NZ Exam 2</b>	19 September 2016	22 August 2016	\$55

### Centre Theory

Previous test bank papers have been removed from the NNZ website with updated practice questions sent to all Centre Umpire Coordinators. If you haven't received access to these yet, please contact your Centre.

Paper exams will no longer be accepted so all exams must be completed on-line via the link below.

<https://www.classmarker.com/online-test/start/?quiz=mm44f2a1e5b1222c>

### CENTRE VISITS

We have been fortunate to spend time with a number of Centres so far this year and have been able to provide support and advice across a variety of areas including Governance, Strategic, Planning, Development – Player / Coach / Umpire, ANZ futureFERNs to name a few.

We will be in contact as we make our way around the other Centres however if you need any support at any time please don't hesitate to contact Amy or any of the Mainland staff.

### COACHING

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It's all about the ANZ futureFerns this month, with hundreds of coaches across the zone attending workshops to up skill around the exciting new programme. Congratulations to all of our centres for hosting these sessions and their ANZ futureFerns coaches for attending, it has been great to see such a huge turnout of mums, dads, teachers and secondary school students who are putting their hands up to motivate, teach and inspire our up and coming netballers.



AVON CITY FORD



NEW WORLD





The 2016 season for primary school netball in Christchurch will be a wonderful learning environment for the year 5 and 6 players, with Primary School Sport Canterbury making the change to the 6v6 game. As a result, we have seen over 70 teachers attend coaching workshops offered across the city this month which is fantastic to see.

The Netball New Zealand developing modules have also been in high demand with coaches in May, with various sessions being delivered at Christchurch and Malvern Netball Centres. The big focus for many coaches and their teams this month has been around team building and creating a positive culture and environment within their groups. Below Netball Mainland's Coach Developer is with her High School team at the Wainui YMCA where the team spent the day tackling team building challenges, building and sailing rafts and overcoming fears on the high ropes course.



Also on the go this month has been the placement of a record number of University of Canterbury Coaching students in many Christchurch Primary Schools by Sport Canterbury. This year there are 16 coaches who have chosen netball as their sport to coach, and Netball Mainland are working closely with the University to support and develop them throughout their three-year degree.

Just as our coaches enjoy development opportunities, our Coach Developers do as well. Netball New Zealand recently hosted a professional development workshop in Auckland, where the 5 Coach Developers from across the country came together to learn and share ideas. The two-day session focused on collaboration, sharing best practice and forming a strong team that will utilise each other's strengths to enhance coach development across the country.

# PERFORMANCE

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## U15 ZONE TOURNAMENT

U15 Zone tournament entries have now closed; entries have been received from 15 teams and the draw will be out by the 3<sup>rd</sup> of June.

## BEKO NETBALL LEAGUE

Results to date

Netball Mainland vs WBOP	loss	43-53
Netball Mainland vs South	win	39-38
Netball Mainland vs Central	loss	35-46
Netball Mainland vs Northern	loss	42-45
Netball Mainland vs Central	loss	47-61
Netball Mainland vs Northern	loss	44-53



## **PATHWAY TO PODIUM**



Netball Mainland's recipients of Pathway to Podium Athletes  
Left to right: Lily Fletcher, Lily Marshall, Jess Shaw, Hayley Lee

## **PRIME MINISTERS SCHOLARSHIP**



Netball Mainland's recipients of Prime Ministers Scholarships  
Left to right: Caitlin Dowden, Charlotte Elley, Kate Lloyd, Zoe Walker, Bailey Mes. Absent Jess Moulds

# TACTIX

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## FEEDBACK TO PLAYERS

After training or a game, feedback is what players want.

Often senior players are not given the same time as younger players by the coaches as they are expected to just know what to do! Wrong, equal time should be spent on all players so that the same information is given and that they are all on the same page. Never assume that everyone understands or gets the plan, all players need to be given the same energy.

If you have an assistant coach then use them in the feedback role as well, often as head coach you don't have enough time to give each player. Share the load and make sure you swap players so you are not known as the defensive coach or attacking coach.

If your team works with goal sheets for games, make sure the players indicate what their individual goals are as well as the team goals. At the end of the game give the player time to reflect on their game and then chat to them about what they have achieved for the game. What worked and what are the work on's for the next weeks training leading into the next game.

EG. Individual goal

To keep moving in the circle to confuse the defenders and make space with the other shooter.

Own reflection. - felt I needed to work stronger on the first movement.

Coaches feedback – Keep the vision up when working together with your partner, working together at time makes for 2 options for the feeders and a balanced circle.

Team goals should be addressed by the entire team; this can be done at the end of the game as they are going through their warm down or in the change room after the game or at the next training session. If the team goals are successful then they maybe ones to keep for the next game if they weren't quite right, then you may want to twig for the next game. From these goals you can get your work on's for the next training session.

Good luck and remember as a coach not every player will agree with your feedback so be prepared for the tough conversations. Have your stats to back you up if you make bold statements on turnovers or errors from players. If you have footage from the game, then direct them to watch it with you if possible to improve their understanding of what it is you need from them.

**Best wishes from us here at Netball Mainland**

