

# Mainland Matters – March 2016



## MESSAGE FROM THE CEO

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It has certainly been a very busy month, with our Zone Super Club competition, Pre-season Netball Festival weekend in Ashburton, NM Zone AGM, and preparations for the up-coming ANZC competition and new Beko National Netball League.

At the Netball Mainland AGM held on Sunday 13 March in Christchurch, Vicki Reid was elected for a further three year term on the Netball Mainland Board. Thank you to all Centres who attended our AGM, your time and passion for netball is greatly appreciated.



Vicki was elected at the inaugural Netball Mainland Special General Meeting in October 2012 and is Nelson based with a background in finance and banking.

Vicki has a lifelong involvement in netball as; a current player, coach, umpire, bench official, statistician and Club treasurer. Vicki's passion for netball has seen her progress to the elite level, being a NNZ appointee as a statistician to international netball events based in NZ, Australia, Singapore and India. In addition to netball, Vicki had major project involvement in the \$13m building of Saxton Stadium in Nelson and is current Secretary/Treasurer for this organisation.

Her governance experience includes the Boards of Netball Tasman and Nelson Netball Centre, along with nine years on three school Boards.

Congratulations and thank you to Vicki for her on-going commitment and passion for our sport and governance.

The Netball Mainland Appointments panel met on Monday 14 March and interviewed a number of high quality candidates for the position of Appointed Member for a term of three years. We are delighted to announce and welcome Scott McCrea to the Netball Mainland Board.

Scott is Managing Director of business consultancy company McCrea + Partners, and Strategic Director at Immediate Ltd, South Island's largest Media Company. Scott has held Senior Management roles in a diverse range of companies and industries over the past 25 years including; TVNZ, Air New Zealand, House of Travel Group, Bayley's Canterbury, and Brannigans. Scott's work in Business Consultancy, Media, and Project Management keeps him in tune with the issues facing business in today's environment.

Starting his career as a teacher and after moving into management, Scott gained a Diploma in Business Management and undertook the Executive Management Programme through the Darden School of Business. He is a fellow of the New Zealand Institute of Management and a member of the Institute of Directors.

Scott has been a Director on a number of business, sporting, cultural boards and has been a business mentor for a number of young entrepreneurs, helping provide them with a sound platform on which to build their business. Until recently, Scott was a Board Member of the Canterbury Employers' Chamber of Commerce for over ten years, and Chair of the Audit Committee.



We're all  
about  
you



Espresso  
Carwash



AVON CITY FORD



NEW WORLD



He is an ex-provincial representative Basketball player, with a passion for all sport, and will be a huge asset to Netball Mainland.

At this time Netball Mainland would like to thank out-going appointed Board Member, Ric Horsfall for his contribution to the Board and governance of the Zone.

Just announced by NNZ, international test netball is coming back to our Zone. Following the successful test match last year in Christchurch, the Silver Ferns will be playing the Sunshine Girls (Jamaica) at the Trafalgar Centre in Nelson on Sunday 11 September 2016. Pop the date in your diary, get a ticket and head along to watch great netball action.

Speaking of tickets, make sure you have yours for the Mainland Tactix first home game of the 2016 ANZC season vs Mystics at Horncastle Arena in Christchurch on Monday 25<sup>th</sup> April.

The Tactix first game of the season is in Brisbane against the Firebirds, on Friday 1<sup>st</sup> April, watch the game on SKY Sport.

**Kind regards, Brigit**

## COMMUNITY

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### JUNIOR NETBALL

#### ANZfutureFERNs Programme details

Thankyou to the Centres who have completed the Survey Monkey outlining your Junior netball programmes for 2016.

If you have not done so please ensure you complete this asap so that we have all the correct details for distributing information pertaining to these programmes.

<https://www.surveymonkey.com/r/9LM292R>



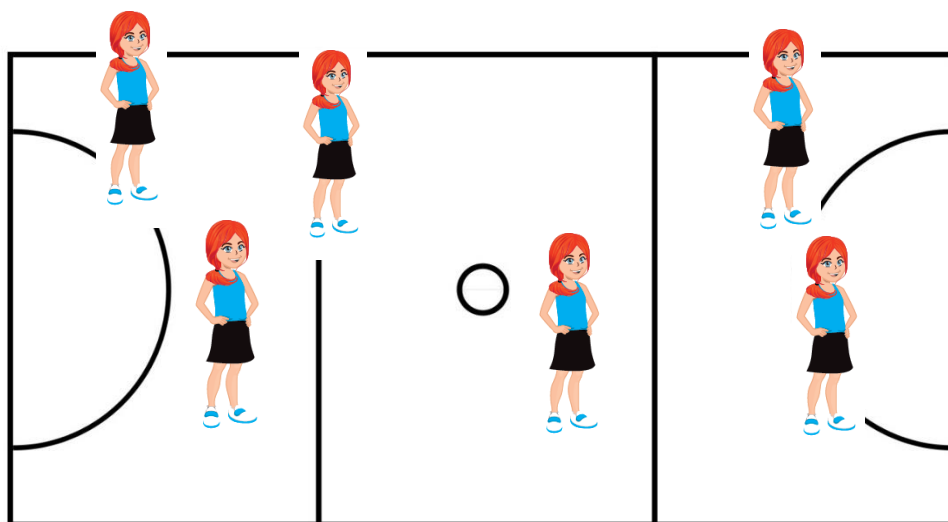
#### Resources

If you have not yet received your resources for Year 1-8 this could be because your Centre does not have the relevant workshop booked in. If this is the case, please contact Amy asap! If you do have these scheduled, you will receive the relevant resource and workbook at the workshop ☺

Remember these are only allocated to those attending workshops and shouldn't be distributed to anyone else.

#### Year 5 – 6 Modified 6 v 6 Game

Thank you to the 16 Centres who will be taking part in the new 6 v 6 Pilot Game for 2016. Your participation will add valuable information in determining what game is better for this age group long term. Please contact your Centre for information about upcoming junior workshops in your area.



#### Holiday Programmes

We will be running a Holiday Programme in the upcoming school holidays. Please keep an eye out on Facebook and Website for further details. If you would like us to come to your Centre to deliver, please contact Amy asap!

## BENCH OFFICIALS

Congratulations to the Bench Officials appointed to the ANZ Championship and Beko National League games. If this is something you would aspire to do, please contact Amy for further details.

## UMPIRE DEVELOPMENT

### **Coach Assessor Training (CAT) Workshops**

Just a reminder that to stay current you **MUST** attend the relevant workshop each year. Once you have completed the Intro and Level 1 workshops, you must attend the Update each year.

Please note, Intro and Level 1 workshops on the West Coast and Marlborough were cancelled due to lack of registrations.

If you would like to register for the Intro or Level 1 workshop in Christchurch, please click the following link:

<http://www.mynetball.co.nz/community-netball/umpires/workshops/umpire-coach-workshop-registration.html>

### **Rules Update Workshop**

There were over 350 attend the rules update workshops around the Zone. These workshops were open to all Umpires, Coaches, Players, Managers etc.

### **Umpire Theory Exams**

#### **Zone and NZ Theory**

As you will be aware NNZ have been working on the development of an online portal for our Learning & Development framework, and we're happy to announce that it's now live! The portal is up and running and available for registrations for both the 2016 Zone Theory Exam and the 2016 NZ Theory Exam.

You can access the portal via the NNZ Website <http://www.mynetball.co.nz/community-netball/umpires.html> or directly via [www.netballnz.brackenlearning.com](http://www.netballnz.brackenlearning.com)

All exams will be open on the specified date, with exact times for each exam TBC. Each exam will be 'timed out', meaning each candidate is given access to the exam for the length specified on that date. NNZ are working on creating a practice space where candidates (and User Admins) can see the format of the questions, have a practice on a couple of example questions and get used to the new format. Once we have more details for this we will communicate out via email and website.

#### **Centre Theory**

Previous test bank papers have been removed from the NNZ website with updated practice questions sent to all Centre Umpire Coordinators. If you haven't received access to these yet, please contact your Centre.

Paper exams will no longer be accepted so all exams must be completed on-line via the link below.

<https://www.classmarker.com/online-test/start/?quiz=mm44f2a1e5b1222c>

## UMPIRE APPOINTMENTS

New Zealand umpires have featured strongly in the latest appointments announced by the International Netball Federation (INF).

Six feature on the Oceania IUA Testing Panel (ITP), including Colleen Bond, Mandy Nottingham, David Pa'alamo, Fay Meiklejohn, Jan Teesdale and Sheena Tyrrell. These members have a long history of umpiring, coaching and assessing umpires in New Zealand and internationally.

The ITP is responsible for testing umpires for their International Umpires' Award (IUA) and coaching the elite umpires.

Also announced by INF, is the appointment of Dianne McTigue to the newly-created role of Regional Officiating Coordinator – Oceania. Dianne joins Isabel Du Piesanie (Africa), Carmeta Douglin (Americas), Lainie Houston (Asia) and Alan Anderson (Europe).

The regional coordinators will support the INF International Umpiring Manager to lead the international officiating programme, and will work closely with INF Members and Regions to facilitate the pathway to international umpiring.

Congratulations to Mandy, David, Sheena and Dianne, who are all based in Netball Mainland Zone.

## NZIS INTERNSHIP

We are excited to have 3 NZIS students joining Netball Mainland for their Internship this year.

Candace Moir and Alice Marshall will be involved with Community and Events and Matt Johnston with Events.

We look forward to having them on board.

## CENTRE STAGE

Don't forget to let the Zone know what your Centre is up to this season with Centre Stage – due to commence 25<sup>th</sup> April with Buller Netball Centre.

## COACH DEVELOPMENT

### New Netball Mainland Zone Coach Development Officer

We have a new member of the Netball Mainland family.

Tammy Mehrtens will be joining us as our new Coach Development Officer (Jen Hooper's old role). Currently Tammy is employed by Sport Canterbury as their Community Sport Advisor where she has made a fantastic contribution to Sport Canterbury and played key roles in the development and implementation of SportStart as well as the evolution and transition from Active Schools to a Community Sport Approach. This has in a lot of ways led the current local delivery thinking and Community Sport Strategy of Sport New Zealand. Tammy has been employed with Sport Canterbury for



a five year period, although her association with them started prior to that when she worked for them as a student while completing her degree at Lincoln University (Bachelor of Sport and Recreation Management with a minor in Exercise and Health).

Tammy has also been on the Board and Secretary of the Malvern Netball Centre and is actively involved in netball coaching.

Tammy's first day with us will be Monday 11<sup>th</sup> April 2016.

## PERFORMANCE

### SuperClub 2016

The Technical Netball Club continued their winning ways from their previous round robin weekend performances with a nail biting win in overtime over Lincoln in the final played at Stadium 2000 in Blenheim on Sunday March 13th

The final was a fitting end to two weeks of the Netball Mainland Zone SuperClub competition. Mid Canterbury played hosts to the first round all teams travelled to the EA Networks centre in Ashburton, finals week was played at Stadium 2000 in Blenheim there was a positive vibe during both weeks of competition.

### Final Placings and Super Club MVP

1st Technical	Mahara Feala
2nd Lincoln	Lauren Robb
3rd Harlequins Radich Law Marlborough	Jess Prosser
4th Prices Pharmacy Nelson	Mahi Selby-Law
5th Team Motueka	Kate Hand
6th Ohoka	Claudia Lewis
7th Marist Albion	Bridget Butterfield
8th Hokitika	Anna Boulton

### Scores

Final Lincoln vs Technical 48-50  
3<sup>rd</sup> vs 4<sup>th</sup> Prices vs Harlequins 51-53  
5<sup>th</sup> vs 6<sup>th</sup> Motueka vs Ohoka 57-54  
7<sup>th</sup> vs 8<sup>th</sup> Hokitika vs Marist Albion 34-64

Thank you to all Clubs who entered in this year's Zone Super Club competition.

A huge thank you to Mid-Canterbury and Marlborough Netball Centres for hosting the round-robin and finals, and to all the umpires, bench officials and volunteers 😊



### Netball Mainland Zone Selectors

Vacancy's information for Netball Mainland Zone selectors have been sent to all Centers secretaries. Please contact your center if this is something you may be interested in.

### New Zealand Secondary School Trialists

Netball New Zealand recently announced the 24 athletes selected to trial for the 2016 NZ Secondary Schools (NZSS) team.

NZSS coach Julie Seymour and assistant coach Mary-Jane Araroa will put the athletes through their paces at trials to be held in Auckland from Thursday 31 March – Sunday 3 April.

Following these trials, a team will be selected to participate in the International School Girls Competition in Auckland from 2 – 6 May, 2016.

Best wishes to Lily Marshall and Georgia White, trialists from Netball Mainland Zone 😊



Lily Marshall

St Margaret's College



Georgia White

St Margaret's College

### Lincoln University Sports Scholarship Programme

Lincoln University Sport Scholarships continue to provide academic fee support as well as a very good athlete development programme. Netball Mainland values the relationship and works with the university to align each of our high performance programmes.



Espresso  
Carwash



AVON CITY FORD



### Scholarship recipients:

3<sup>rd</sup> year: Laura Axccl, Hayley Lee, Gabby Thomas,

2<sup>nd</sup> year: Charlotte Elley, Pare Gilmartin-Kara, Lily Fletcher

1<sup>st</sup> year: Kiana Gallon, Kate Lloyd, Bella James

## MAINLAND TACTIX

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### **BETTER than BEFORE?**

- How do you know when you are ready to play?
- Have you done everything possible to prepare the team?
- Have we forgotten anything?
- Is there something else we could have done?

Questioning before a season starts is what all coaches will go through prior to starting any competition.

The statement, Quality not Quantity always comes strongly to my mind. If you keep introducing new strategies than you won't have time to practice the skill attached to a tactical strategy.

It is often a trend that occurs when you start a new job, you have many ideas that you bring to the players. Be aware that if you don't give the team time to practice the skill of the tactics at the end of the season you will be wondering why it didn't work? Reason is that you didn't allow time for the ideas to build.

Year two it's different, clarity and condensing occurs and building of the tactics and the skills behind them are done.

Players understand and are more familiar with you and what to expect, clarification is sourced by them as they want to have a clearer vision of the task.

It seems like you have more time to practice because you don't have to spend time on introducing themes as you did in the first year. Players also put in their ideas more therefore ownership falls to them more and they become more accountable.

Is this the right way? Good question. Will it work? Good question. Have we got it right? Good question.

What I do know is that the players understand more this year and are going to be better than before due to the practice of the skill of the tactics. The fitter the team the skill level rises, longevity of what they are doing with the ball is better. So make sure you work hard in the off season to get the players to the right level required to play your game. Our team average has increase 1.5 levels from 2015 and this will make a huge difference.

So more is not the key, best practice is the key making sure everyone is clear and on the same page.

**Sue Hawkins**



## Mwai has Wheels

We all know that Mwai has 'wheels' on the court and now she has wheels to drive, thanks to Netball Mainland partner Abell Rentals. Pictured below receiving the keys to her vehicle from Abell Rentals owner Allan Scott.



Allan and the team at Abell have been long-time supporters of Netball, and you will find Allan and his wife Moira courtside at Tactix home games cheering the team on!

Abell provide not only cars but also vans and trucks. So if you have any teams or people within your Centres needing wheels too, give Allan a call and say you are part of the Netball Mainland family and he will look after you.

### Abell Rentals

189 Blenheim Rd, P.O. Box 8614, Christchurch, NZ

Ph. 03 348 2002

Email [info@abell.co.nz](mailto:info@abell.co.nz)

[www.abell.co.nz](http://www.abell.co.nz)

## OTHER

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### SHARON KEARNEY JOINS MAINLAND TACTIX AS PHYSIOTHERAPIST

For over a decade physiotherapist Sharon Kearney has kept a watchful eye over the Silver Ferns, ensuring they can perform at their optimum every time they step on court. Tributes from the players have flowed since Sharon announced she would be handing over the scissors and strapping tape to someone new, and focussing on her business and providing services to Netball Mainland.



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AVON CITY FORD



Five Netball World Cups and two Commonwealth Games are some of the highlights of her tenure with the Silver Ferns that spans 155 Test Matches.

“I consider myself the luckiest female physio that’s ever walked this earth,” Kearney said.

“At the time I started, it was the beginning of physiotherapy in female sport and the beginning of physios in Netball.”

“I love it; I love the game and I’ll be sitting there watching [every game] excitedly.”

Our Mainland Tactix and National Netball League players are very fortunate to have someone of Sharon’s caliber and experience providing physio services to them.

## CENTRE WEBSITES

If you don’t already have your Centre’s website sorted out for the 2016 season, now is the time to do it. All NNZ affiliated Centres have access to a free website from “Sportsground”, so if you don’t have a website, or haven’t upgraded to the new “Sporty” platform, head along to [sporty.co.nz](http://sporty.co.nz) to see how easy it is to get started. It’s easy to do, but if you have any questions drop NNZ an email at [DNA@netballnz.co.nz](mailto:DNA@netballnz.co.nz) and they’ll help you out.

## MURDOCH AND GIBBS HONOURED

Netball commentator Lesley Murdoch and former Silver Ferns coach Leigh Gibbs have been honoured at the recent Marriotts Hadlee Sports Awards.

Murdoch joins esteemed company with induction into the Sporting Legends of Canterbury Hall of Fame. The double hockey-cricket international and radio and television broadcaster was one of two inductees into the Canterbury Hall of Fame on the night.

While former Silver Ferns coach Leigh Gibbs was also recognised, receiving a Lifetime Achievement Award for her contribution to Netball.

In front of a record crowd of over 700 from Canterbury’s sporting and business community, Murdoch – who can be heard commentating ANZ Championship matches on SKY Sport – was acknowledged for her contribution to the Canterbury and national sporting scene.

Canterbury born and bred, Murdoch has been a leading voice of New Zealand sport, as a player, administrator and astute commentator for hockey, cricket and Netball. She has been instrumental in the growing profile of Netball through her work with SKY Sport and The Radio Network.

In the 1987 New Year Honours, Murdoch was made a Member of the Order of the British Empire for services to cricket and hockey. She played cricket for New Zealand between 1979 and 1990, captaining

the side in three Tests and 15 one-day-internationals. She was also part of the New Zealand women's hockey team which finished sixth at the 1984 Los Angeles Olympics.

Murdoch has also been a member of the board of New Zealand Cricket and was re-appointed to the board of Netball New Zealand at the recent AGM.



## NETBALL NEW ZEALAND DOMESTIC EVENTS

Both under age domestic events are being held in our Zone in 2016:

Netball NZ U19 Champs, Saxton Stadium, Nelson, Monday 11 - Thursday 14 July

Netball NZ U17 Champs, North Canterbury Netball Centre, Rangiora, Monday 18 - Thursday 21 July

## HEALTH & SAFETY POLICY

Just a reminder that the new Health & Safety Policy comes into play as of tomorrow, the 1<sup>st</sup> of April. If you need a Health & Policy document we have a template you can use. Please contact Clare Cini if you would like her to send this to you [clare.cini@netballmainland.co.nz](mailto:clare.cini@netballmainland.co.nz)

**Best wishes from us here at Netball Mainland**



We're all  
about  
you



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AVON CITY FORD



NEW WORLD

