# Mainland Matters - February 2016

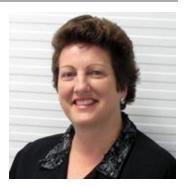


# Message from the ceo

Welcome back everyone, hope you've all had a chance to re-charge the batteries over the Christmas/New Year break!

Exciting times ahead, with the introduction of the new Beko National Netball League, ANZ Championship (ANZC) 2016, continued role out of the Junior and Zone Development programmes, and the up-coming Netball Mainland Zone Super Club competition.

You will no doubt have read some media commentary about the on-going review of the ANZC. Netball New Zealand (NNZ) are committed to the five



existing New Zealand (NZ) franchise teams. There may be the addition of a sixth NZ team but this is yet to be determined, as various options are evaluated. As you know, Australia have called for expressions of interest for additional franchise teams (to bring to a total of eight Australian) for 2017. NNZ and Netball Australia continue to review options, format and structure.

We are looking forward to another exciting season of ANZC netball, the Mainland Tactix starting with a pre-season netball festival in Ashburton this weekend (5<sup>th</sup> and 6<sup>th</sup> March), against Southern Steel and NZ Men (as well as our respective Beko Netball League teams and Mainland Zone Super Club round-robin teams). Pop on down to the EA Network Stadium in Ashburton and join us for some great netball action.

Then our Mainland Tactix team head off to Sydney for the "Summer Shootout" ANZC pre-season event 18-20 March against Pulse, Fever, Swifts and Vixens.

Our first game of the season is in Brisbane against the Firebirds on Friday 1<sup>st</sup> April, with the first game in front of our own home crowd at Horncastle Arena, Christchurch on Monday 25th April against the Mystics.

Season membership packages, corporate hospitality offerings and tickets are all on sale now through Ticketek.

We welcomed back Amy Eckersley from parental leave on Monday 29 February in the role of Netball Mainland Zone Community Netball Manager and farewell Keshia Grant to take up a rugby contract in Japan – take care and best wishes Kesh!

Jennie Hooper has been appointed to the role of Performance Development Manager and we are currently going through the recruitment process for the vacant Coach Development Officer position.

A reminder that our AGM will be on Sunday 13<sup>th</sup> March at the Christchurch Netball Centre, 455 Hagley Avenue, Christchurch at 10 a.m. for a cuppa, 10.30 a.m. start. All are welcome to attend.

All the very best to you all for the netball season ahead and see you all courtside!

Kind regards, Brigit















NEW WORLD



# COMMUNITY

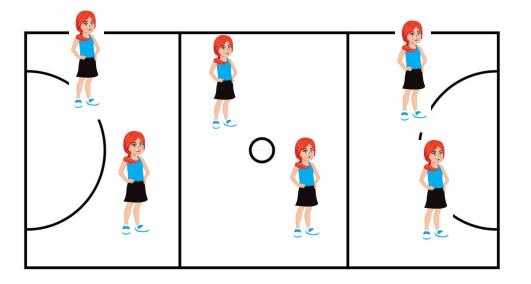
# JUNIOR NETBALL

**ANZfutureFERNS Resources will be distributed to Centres over the next week.** Please note this year that all Year 1 & 2 Junior Co-ordinators and Star Helpers will receive the same resource – the Year 1 & 2 Resource. This is a change to the previous years. Workbooks and coach developer guides have been updated to reflect this change.



# Year 5 – 6 Modified 6 v 6 Game

Thank you to the 16 Centres who will be taking part in the new 6 v 6 Pilot Game for 2016. Your participation will add valuable information in determing what game is better for this age group long term. Please contact your Centre for information about upcoming junior workshops in your area.



# **BENCH OFFICIALS**

Congratulations to Anne Harrison and Sandra Munro who have been appointed to the ZBODG. The group will meet in March to outline the season and look to work with anyone who would like to up skill in this area.

Margaret Marsh	Zone Bench Officials Coordinator
Kay Norris	ZBODG Convenor
Maree Morel	ZBODG Member
Claire Lewis	ZBODG Member











Sport Tasman



Sandra Munro	ZBODG Member
Anne Harrison	ZBODG Member

## **UMPIRE DEVELOPMENT**

## **Coach Assessor Training (CAT) Workshops**

If you would like to register, please click the following link: <u>http://www.mynetball.co.nz/community-netball/umpires/workshops/umpire-coach-workshop-registration.html</u>

# **Rules Update Workshop**

The Rules Update Workshop have gotten under. Reminder it is open for ALL people involved in Netball (players, coaches, umpires etc.). This will be a 2 hour workshop facilitated by a NZUDG member in 7 Centres across our zone and will be open for other Centres to attend in their vicinity. All Venues, Dates and Times will be updated in the early New Year. Registrations will be available on the Netball New Zealand Website once all bookings have been confirmed.

Centre	Venue	Date	Time	Facilitator
Hurunui	Amuri School, Culverden	Friday 12 <sup>th</sup> Feb	6.30 – 8.30pm	Sue
South	Morgan's Rd,	Monday 15 <sup>th</sup> Feb	6.30 – 8.30pm	Sheena
Canterbury	Netball Pavilion, Timaru			
Selwyn	Lincoln Events Centre, 15 Meijer Dr, Lincoln	Monday 22 <sup>nd</sup> Feb	7.00 – 9.00pm	Sheena
Christchurch	Christchurch Netball Centre, Hagley Ave, Christchurch	Wednesday 24 <sup>th</sup> Feb Wednesday 30 <sup>th</sup> March	6.30 – 8.30pm 6.30 – 8.30pm	Sue Sheena
Nelson	Saxton Stadium, 142 Saxton Road East, Stoke, Nelson	Sunday 28 <sup>th</sup> Feb	3.00pm	Sheena
Marlborough	Horton Park Pavilion, Redwood St, Blenheim	Sunday 28 <sup>th</sup> Feb	9.30am	Sheena
West Coast	West Coast Netball Courts, ANZAC Park,	Saturday 19 <sup>th</sup> March	1.00pm	Sue







Espresso

Carwash







	Greymouth			
Mid Canterbury	Netball Pavillion, Middle Road, Ashburton	Monday 21 <sup>st</sup> March	7.30 – 9.30pm	Sheena
North Canterbury	North Canterbury Netball Centre, Dudley Park	Tuesday 29 <sup>th</sup> March	6.30pm	Sue

# Intro and Level One Workshops

The Intro and Level One Workshops will be held in the following three Centres. Registrations for these will also be available on the Netball NZ website once all bookings have been confirmed.

Centre	Venue	Date	Time	Facilitator
West Coast	West Coast Netball Courts, ANZAC Park, Greymouth	19 <sup>th</sup> March – Intro part 1. 20 <sup>th</sup> March – Intro part 2	3.30 – 6.30pm 9.30 – 12.30pm	Sue
Christchurch	Christchurch Netball Centre	Saturday 2 <sup>nd</sup> April – Intro Sunday 3 <sup>rd</sup> April – Level 1	10.00 – 4.00pm 10.00 – 2.00pm	Sheena/Sue
Marlborough	Horton Park Pavilion, Redwood St, Blenheim	Saturday 9 <sup>th</sup> April —Intro Sunday 10 <sup>th</sup> April —Level 1	10.00 – 4.00pm 10.00 – 2.00pm	Sheena/Sue

## **NNZ Development Forum**

NNZ held their annual Community Development Forum at Te Pai Netball Centre, Waitakere from the 10<sup>th</sup> – 12<sup>th</sup> February. Netball Mainland Zone had seven representatives including Jen Hooper (Mainland Coach Development Manager), Keshia Grant (Mainland Community Manager) and Anne Marie Leech (Zone Umpire Development Group member) who attended along with all the employed netball development officers in each zone. This workshop provided a great opportunity for us as coach, umpire and junior netball developers to network within our Zone as well as other Zones around the county.













Netball Mainland's Coach Developer staff attend NNZ Community Forum



# **COACH DEVELOPMENT**

Coaches from the Netball Mainland's Performance Coach Squad















## PERFORMANCE

#### **Beko National League**

Congratulations to the Members of the Netball Mainland Beko National League team

Sarah Boomer
Laura Dorgan
Caitlin Dowden
Sophia Fenwick
Lily Fletcher
Tori Harding
Hayley Lee
Kate Lloyd
Alice Eddington
Lily Marshall
Alex MacLeod-Smith
Bella James
Hannah Poff
Jess Shaw
Gabby Thomas
Chloe Williamson

Coached by Nic Kelly

Assistant Coach Lucy Newton

Manager Mandy Anderson

## **New Zealand Secondary Schools**

Congratulations to Netball Mainland's two NZSS trialist, we wish you all the best.

Lily Marshall and Georgia White both from St Margret's













# MAINLAND TACTIX

# WHY / WHAT / HOW

These are three key words to consider in every aspect of your game, trainings and working a team.

Why are you doing what you are doing and for what reason?

What is it that you are trying to achieve?

How are you going to achieve this?

So when you go into a training session, decide the Why first? From there make sure everyone is on the same Why page. If not then you're going to get resistance or confusion to the final outcome.

Once you have established the Why, work out the How and the What, these two can be either way around.

For instance what is it we are trying to do and now let's work out how we will achieve this.

During a time out ask yourself as a coach.

Why do you want to change a tactic?

What do you want to change it to?

How are we going to change it up from what it was?

If players understand this too they can to use this Why, What and How language.

Remember the WHY is a critical starting point, to everything you do.

Sue Hawkins

# OTHER

# **UPCOMING EVENTS - KEY DATES: 2016**

Netball Mainland AGM – Christchurch – 13 March 2016

Zone Super Club Round Robin – Ashburton – 5 and 6 March 2016

Zone Super Club Finals – Blenheim – 12 and 13 March 2016

First Tactix game ANZC 2016 – Brisbane vs Firebirds – 01 April 2016

First Tactix HOME game – Christchurch vs Mystics – 25 April 2016

Zone Under 15 Champs – Venues TBC – 3x Sundays; 31 July, 07 August and 21 August 2016

Zone Centre Forum – Christchurch – 08 and 09 October 2016











# South Island Masters Netball – Timaru – 15 and 16 October 2016



Congratulations to our Netball New Zealand Service Awardees Maree Smith, Anne Marett, Jane Andrew, Kathy Hely Marilyn Milne

# Best wishes from us here at Netball Mainland













