

Mainland Matters – October 2015



MESSAGE FROM THE CEO

Firstly a big thank you to everyone from our Centre's across the Zone for participating in our recent Zone Forum. There was lots of good discussion, plans and feedback for 2016. We have sent all the presentations and notes out to Centre's, and look forward to working with you all in the future.



It was also very cool to welcome the Silver Ferns to train at Netball Mainland's home at Apollo prior to their Constellation Cup game in Christchurch on 20 October.

With the Silver Ferns in town it afforded a group of local coaches the opportunity to attend a training game and observe coach, Waimarama Taumaunu leading her charges.

The informal coach observation opportunity was coordinated by Netball Mainland Coach Development Manager Jen Hooper. There were 30 spaces available to coaches to attend and these spaces filled up within four days. All the coaches were Community Award coaches or above, so either sitting at that level or on the Performance Coach Pathway.



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They make big investments in their own education, and in turn put the development back into their players. This year we've had 70 coaches across our 18 Centres complete their Community Coach Award and we've had something like 600 coaches through developing modules.

In conjunction with the Test, Netball Mainland also had 50 coaches attend 'An Evening with...', another informal coaching opportunity for Mainland coaches presented by Leigh Gibbs, Sue Hawkins and Mandy Nottingham. The session, based on the successful series run by the Zone during the ANZ Championship season, looked at the preparation and planning that goes into a Test Match.

It was fantastic to have test match netball back in the city and see how well supported the event was, with a near sell-out crowd of over 5,000 people at Horncastle Arena. It was also marvelous to be able to co-host our commercial partners at the match with NNZ.



AVON CITY FORD



NEW WORLD



Planning is well underway for the introduction of the new National League, ANZ Championship season and Netball Mainland Strategic Plan, to align with the “Netball in New Zealand Whole of Netball Plan” – a ‘road map’ for our sport.

Finally, it is with a mixture of emotions that I announce that Leigh Gibbs has resigned to take up a newly created position at Netball Queensland as their “General Manager Community and Sport Development.” Leigh has been with Canterbury Netball/Netball Mainland for the last four years and contributed significantly not only as the previous Head Coach of our Tactix Franchise team but in the development of players, coaches and umpires across the Zone. While we will miss Leigh and her experience terribly, this is a wonderful opportunity for her. From everyone here at Netball Mainland we wish her all the very best for the future 😊

Kind regards, Brigit

COMMUNITY

JUNIOR NETBALL



Junior Update

2016 Planning Templates and Resources are being developed for the ANZfutureFERNs and will be delivered to the Zones early in the new year then distributed out to Centres.

Year 5 & 6 Update

Centres will be notified on the 9th November of the decision for the Year 5 & 6 programme for 2016.

UMPIRE NATIONAL SQUADS

Congratulations to the following who have been named in the National Umpire Squad

Centre	Recipient	Squad
North Canterbury	Michael Wyllie	National Squad
Marlborough	Michelle Stagg	National Watch List
Nelson	Kate Smith	National Watch List

UMPIRE DEVELOPMENT

ZUDG / NZUDG

The Zone Umpire Development Group are open for invitations to Centre's who would like to nominate a member onto the ZUDG. Please email Keshia communitynetball@netballmainland.co.nz if you would like to nominate someone from your Centre.

It is with sad news to announce the resignation of Anne Marie Leech and Maree Smith from the NZUDG. We would like to thank you both for your contribution during your time on the NZUDG and wish you all the best for your time ahead.



ZTODG

The ZTODG will be meeting on the 9th November to review the 2015 season and plan for the upcoming 2016 season.

We would like to say farewell and a very big Thank You to Sally Paki Paki for her contribution to the ZTODG as she resigns from the group. Thank You Sally!!!



MAINLAND FORUM

Thank you to all who attended this year's Netball Mainland Forum. Your input and feedback has been of great value for planning in 2016. Thank you to the following people who presented over the weekend.

Hillary Poole, Ruth Stanley and Kate Agnew – NNZ Review & Update

John Quinn – Dealing with tough conversations

Colin Grant – Sideline Behaviour

Karla Newlands – Changing to Indoors

Chelsea Routhan – iPhone/iPad Application

If you would like any of the presentations, including Netball Mainland presentations, please contact Keshia (communitynetball@netballmainland.co.nz)



COACH DEVELOPMENT

Congratulations to the following coaches from Marlborough who have recently achieved their Community Coach Award.

- Sonia Maxwell
- Sonya Ferguson
- Anna Archie
- Janine Jordaan
- Sonya Masters
- Rachel Pihema
- Alana Cairns
- Claire Martin
- Raramai Nicklin

Congratulations to the following coaches that will be involved in Netball Mainland's Performance Coach Squad for 2015/2016:

Level 1	Level 2
<ul style="list-style-type: none">• Anita Davie (South Canterbury)• Sandy Taylor (Selwyn)• Keshia Grant (Mainland)• Cindy Meadows (Mid Canterbury)• Andrea Cousins (Christchurch)• Katrina Williams (Christchurch)	<ul style="list-style-type: none">• Nicole Lloyd (Christchurch)• Shar Lowe (Nelson)• Lucy Newton (Christchurch)• Sarah Rankin (Nelson)• Peter McInnes (Christchurch)• Amanda O'Brien (South Canterbury)• Amy Eckersley (North Canterbury)

AN EVENING WITH...

Sue Hawkins, Leigh Gibbs and Mandy Nottingham hosted "An Evening With..." prior to the Constellation Cup match in Christchurch. 50 coaches, umpires and netball enthusiasts from around the Mainland Zone attended.

The pre-game insight looked at the different preparation from a New Zealand and Australian team coaching point of view. Coaches Waimarama Taumaunu and Lisa Alexander provided responses via Leigh and Sue respectively, to a range of questions about their objectives for the series and their preparation and planning across the 4 tests. In addition, International Umpire coach Mandy Nottingham, as well as the IUA Theresa Prince reserve umpire for the first test joined us and shared their international umpiring experiences and talked us through the preparations required for the test arena.



AVON CITY FORD



NEW WORLD



PERFORMANCE

NATIONAL UNDER 21 SQUAD

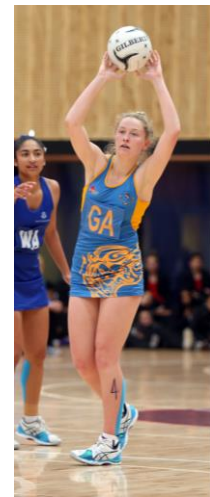
Netball Mainland was thrilled to hear and congratulates two of our young talent who were named in the NZ U21 Squad by Netball New Zealand recently. Kate Lloyd (Ashburton College) is new to the squad and Charlotte Elley (Tactix 2016) retained her selection. Another exciting young player, Caitlin Dowden (Mt Albert Grammar) also recently named in the NZ U21 Squad, will be relocating to Christchurch next year to attend Canterbury University. Netball Mainland wishes these players the very best for their involvement in the squad beginning the preparations for the next World Youth Cup being held in Botswana in 2017.



Kate Lloyd



Charlotte Elley



Caitlin Dowden

NATIONAL LEAGUE (NL)

Trials signaled the start of the National League programme with the selection panel consisting of Sue Hawkins, Leigh Gibbs, Nic Kelly and Adrienne Hayes. Players were put through their paces with yo yo testing and game play at the HPSNZ Apollo Centre on Sunday 1 November. The following 22 players accepted their invitation to trial with a squad of 16 to be named by the end of the week. These players will be monitored over the summer with the final team of up to 12 players being named toward the end of January.

NAMES	2015 TEAM/S	POSITION
SHOOTERS - 6		
Sophia Fenwick	Steel, CHCH NC	GA/GS
Jess Prosser	P2P, CHCH U19	GA/GS
Caitlyn Dowden	Auck U19, NZSS, NZ U21 Squad	GA/C
Sarah Boomer	CHCH U19	GA/GS
Hannah Wilson	Selwyn U19	GS/GA
Kate Shearer	CHCH NC	GS/GA
MIDDIES - 10		
Chloe Williamson	Tactix, NM U23	C/WD
Anteisha O'Connell	CHCH U19, CHCH NC	WA/C
Hannah Poff	Pulse, CHCH NC	C/WD/WA
Tori Harding	NM U23	WA/C
Laura Dorgan	NZSS TRIALIST	C/GA
Gabby Thomas	CHCH U19	WD/C
Katelyn Inch	NM U23 trialist	WD/C
Jess Shaw	P2P, CHCH U19	C/WD
Pare Gilmartin-Kara	CHCH U19	WD/C
Hayley Lee	P2P, CHCH U19	WA/C
DEFENCE - 6		
Kate Lloyd	NMC U19, P2P, NZ U21 Squad	GD/GK
Sophie Worsfold	NMC U19	GK/GD
Emma Mabin	Auck U19	GK/GD
Lily Fletcher	CHCH U19, CHCH NC	GD/WD

Lily Marshall	CHCH U17, P2P	GD/GK
Alex MacLeod-Smith	Waitakere NC	GD/GK

PERFORMANCE SQUAD - PLAYERS

The first workshop has been completed in both Nelson and Christchurch with the programme focusing on fitness assessments, individual IPP's (Individual Performance Plan) and summer training ideas. Netball Mainland's Leigh Gibbs, NZRFU U21 S & C Brodie Hewlett (Nelson) and HPSNZ Simeon Joplin (Christchurch) lead the day's activities. Jen Hooper and the Performance Squad coaches assisted with the IPP's and ensured both days ran smoothly.

NAMES	2015 TEAM/S	POSITION
LEVEL 2: 20		
SHOOTERS: 7		
Maddy Lloyd	St Margarets College (SMC)	GS/GA
Claudia Lewis	Technical Club	GA/GS
Sonnie Katene	Roncalli College	GA/WA
Georgia White	CHCH U17, SMC	GA/WA
Bella James	NMC U19, Rangiora HS	GS/GA
Paige Harris	Southland U19, Southland Girls	GS/GA
Danya Price	Nth Canty U17, Rangiora HS	GA/WA
MIDDIES: 9		
Raina Joseph	Selwyn U19	WA
Lucy Thomson	Res CHCH U19, SMC	WD/C
Kelsie Fitzpatrick	Marlborough U17, Marlborough Girls	C/WA
Chelsea Corbett	NMC U19	WA/C/GA
Megan Morrison	Selwyn U19	C/WA
Romano Bell	Selwyn U19, STAC	C/WA
Makaila Powick	NMC U19	WD/C
Maisie Evison	CHCH Girls	C/WA
Fuatai Lai Kong	Avonside	WA/C

DEFENCE: 4		
Monique Lynes	Selwyn U19, Lincoln Uni	GD/GK
Annabel Angland	CHCH U19, Lincoln Uni	GD/GK
Kiana Gallon	CHCH U19, SMC	GD/WD
Laura Axcell	Lincoln Uni	GK/GD/WD
LEVEL 1: 25		
SHOOTERS: 9		
Tali Uia	Nelson Girls	GS
Courtney Quinn	CHCH U17B, Marian College	GS
Caitlin Hintz	Marian College	GA
Malia Manoa	Marlborough Girls	GS
Olivia Clarke	CHCH U15, ST Andrews College (STAC)	GS
Jess Allan	CHCH U15, STAC	GA
Anna McCormack	Selwyn U17	GA
Amber Horne	Sth Canty U17, Craighead	GS
Brianne Petersen	CHCH U17	GS
MIDDIES: 8		
Jessica Facoor	Marian College	WA/C
Tarryn Jones	Villa Maria	C/WD
Georgia Freeman	Villa Maria	WA/C
Pippa Wipperfuert	CHCH U17, Avonside	WA/C
Harriet Bush	CHCH U17, SMC	WA/C
Alison Argus	Cashmere HS	C/WA
Tessa Burry	Cashmere HS	WD/GD
Olivia James	NMC U19, Rangiora HS	WA/C
DEFENCE: 8		
Claudia Roberts	Marian College	GK/GD
Simone Faitaua	Marian College	GD/GK
Kelera Nawai	CHCH U19, STAC	GK/GD
Holly Matson	CHCH U15, STAC	GD/WD

Hannah Hutchinson	CHCH U17, CHCH Girls	GK/GD
Stephanie Lysaght	Sth Canty U17, Geraldine HS	GK/GD
Kendal Everest	CHCH U17, Avonside Girls	GD/GK
Natasha Bannister	Nelson Girls	GK/GD

PERFORMANCE SQUAD - UMPIRES

At the recent Centre Forum, Netball Mainland announced that the umpire's programme will be aligned with the players and be called the Performance Squad Level 1 and Level 2. Leigh Gibbs is meeting with NZUDG Sheena Tyrrel and Anne Marie Leech in early November to confirm invitations into the squad, the coach appointment process and the programme overview. It is planned to have the first workshop in December and then to align with the Performance players programme from January onwards.

MAINLAND TACTIX

PLANNING AND PREPARATION

Here is some thoughts from Sue about coping with the unexpected when travelling with a team:

When it comes to planning your netball year and program it is important that you give yourself license to be creative and think of all the "what if's".

What if's? These are all the odd things that may or may not occur through a season. Write them down and come up with a solution.

This was a common practice that our team of sports psychologists at the AIS in Canberra would make us do as a team and coaching staff before we travelled overseas with our netball team.

- What if your luggage got lost? Solution, carry your playing strip with you including shoes and underwear.
- What if we missed our flight? We would have our itinerary flexible with flight costs or travel insurance.
- What if one player gets ill? Rearrange beds to isolate the sick player. Travel insurance would cover medical expenses.
- What if your car broke down? Have the taxi number for the area on your phone.

There was one that we didn't have a solution for and that was being arrested going through customs in USA. As coaches we would always go through at the end of the customs line so we knew all players were through. As I came up to the counter the red security light went off, the police came across and I was escorted off to the interrogation room. Our issue was that the team had gone through customs and one of the other coaches who was in another line saw me being escorted off so I just said I have a credit card

I'll get back home somehow. You just catch the connecting flight with the team and go (connection was only 1 hour) as I didn't know what and where I was going.

Yes, my heart was racing, yes, my body was shaking like a scared rabbit in lights. What have I done??? I was put into a huge room with 60 other people, my passport was at the top and they were taking them from the bottom. This was going to take some time.

The players knew something was wrong so they thought of the "what if" and went and found a person from Qantas and they got a message to customs and all of a sudden I was taken into a room. I was drilled. Why was I in Trinidad? What was my full name where did I work, why was I in England, what was my role in England etc.... after answering the questions very quickly they stated they thought they had the wrong person. They swung the computer around and here was a African American woman with black curly hair with my name and passport number travelling under all my details. Yes my details from my passport had been stolen and this person was wanted on Interpol. So where was it stolen? In England. All our passports are kept in a hotel safe so we are baffled where it was stolen.

After a quick apology I was whisked through the underground at Miami airport and a door opened to my relief I was greeted by the team and tears just flowed out.

So the moral of this story is to upskill your players to think of all the "what ifs" so that they can stand alone without coaches.

Sue Hawkins

OTHER

UPCOMING EVENTS - KEY DATES: 2016

NNZ AGM/Council Meeting – Auckland – 27 and 28 February 2016

Netball Mainland AGM – Christchurch – 13 March 2016

Zone Super Club Round Robin – Blenheim – 12 and 13 March 2016

Zone Super Club Finals – Ashburton – 19 and 20 March 2016

First Tactix game ANZC 2016 – Brisbane vs Firebirds – 01 April 2016

First Tactix HOME game – Christchurch vs Mystics – 25 April 2016

Zone Under 15 Champs – Venues TBC – 3x Sundays; 31 July, 07 August and 21 August 2016

Zone Centre Forum – Christchurch – 08 and 09 October 2016

South Island Masters Netball – Timaru – 15 and 16 October 2016



We're all
about
you



Espresso
Carwash



AVON CITY FORD



NEW WORLD



Congratulations to our Netball Mainland Events Manager Clare Cini (McAlpine) who got married at Labour Weekend. What a stunning bride!!



Best wishes from us here at Netball Mainland

